

Existence of Ground State of an Electron in the BDF Approximation.

Sok Jérémy

Ceremade, UMR 7534, Université Paris-Dauphine,
Place du Maréchal de Lattre de Tassigny,
75775 Paris Cedex 16, France.

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Abstract

The Bogoliubov-Dirac-Fock (BDF) model allows to describe relativistic electrons interacting with the Dirac sea. It can be seen as a mean-field approximation of Quantum Electro-dynamics (QED) where photons are neglected. This paper treats the case of an electron together with the Dirac sea in absence of any external field. Such a system is described by its one-body density matrix, an infinite rank, self-adjoint operator which is a compact perturbation of the negative spectral projector of the free Dirac operator. We prove the existence of minimizers of the BDF-energy under the charge constraint of one electron assuming that the coupling constant α and the quantity $L = \alpha \log(\Lambda)$ are small where $\Lambda > 0$ is the ultraviolet cut-off and chosen very large.

We then study the non-relativistic limit of such a system in which the speed of light c tends to infinity (or equivalently α tends to zero) with L fixed: after rescaling the electronic solution tends to the Choquard-Pekar ground state.

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1 Introduction

We study an approximation of no-photon Quantum Electrodynamics (QED) allowing to describe the behavior of relativistic electrons in an external field interacting with the virtual electrons of the Dirac sea via the electrostatic potential in a mean-field type theory. Here there will be one "real" electron and no external field.

We use relativistic units $\hbar = c = 1$ and set the bare particle mass equal to 1 and $\alpha = e^2/(4\pi)$. We denote by $D^0 = -i\boldsymbol{\alpha} \cdot \nabla + \beta$ the free Dirac operator acting on the Hilbert space $\mathfrak{H} = L^2(\mathbf{R}^3, \mathbf{C}^4)$ and by $P^0 = \chi_{(-\infty, 0)}(D^0)$ the projector on its negative spectral subspace. Later on we will use a modified Dirac operator \mathcal{D}^0 together with the free vacuum \mathcal{P}_-^0 introduced in [8, 11] instead of D^0 and P^0 .

In the BDF model a system is described by a Hartree-Fock state Ω in Fock space completely characterized by its one-body density matrix P (an orthogonal projector for pure states) containing both "real" and "virtual" electrons. It is infinite-rank. To manipulate such a system and in particular to define properly its density we consider the difference between P and the free vacuum \mathcal{P}_-^0 , that is $Q = P - \mathcal{P}_-^0$. Moreover an ultraviolet cut-off Λ is needed, restricting our study to the Hilbert space

$$\mathfrak{H}_\Lambda = \{f \in \mathfrak{H} : \text{supp } \hat{f} \subset B(0, \Lambda)\}.$$

Note that $\mathfrak{H}_\Lambda \subset H^1(\mathbf{R}^3, \mathbf{C}^4)$ is D^0 and \mathcal{D}^0 invariant. Indeed \mathcal{P}_-^0 is a translation-invariant projector on \mathfrak{H}_Λ satisfying the Euler-Lagrange equation

$$\begin{cases} \mathcal{P}_-^0 = \chi_{-\infty, 0}(\mathcal{D}^0), \\ \mathcal{D}^0 = D^0 - \alpha \frac{(\mathcal{P}_-^0 - 1/2)(x, y)}{|x - y|}. \end{cases} \quad (1)$$

In Fourier space \mathcal{D}^0 takes the following form

$$\widehat{\mathcal{D}^0}(p) = \boldsymbol{\alpha} \cdot \omega_p g_1(|p|) + g_0(|p|)\beta, \quad \omega_p = \frac{p}{|p|}, \quad (2)$$

where g_0 and g_1 are real and smooth functions satisfying

$$x \leq g_1(x) \leq x g_0(x).$$

In the regime $L := \alpha \log(\Lambda) = O(1)$ following [11] we will be able to get further information on them *via* their self-consistent equation (that we have written in (55)).

We consider then $\tilde{\mathcal{Q}}_\Lambda := \{Q \in \mathfrak{S}_2(\mathfrak{H}_\Lambda) : Q^* = Q, 0 \leq Q + \mathcal{P}_-^0 \leq 1\}$ where $\mathfrak{S}_p(\mathfrak{H}_\Lambda)$ denotes the usual Schatten class of compact operators A on \mathfrak{H}_Λ such that $\text{Tr}(|A|^p) < \infty$. The charge of $Q \in \mathcal{Q}_\Lambda$ is defined by its \mathcal{P}_-^0 -trace that is by

$$\text{Tr}_{\mathcal{P}^0}(Q) = \text{Tr}(\mathcal{P}_-^0 Q \mathcal{P}_-^0) + \text{Tr}(\mathcal{P}_+^0 Q \mathcal{P}_+^0), \quad \mathcal{P}_+^0 := 1 - \mathcal{P}_-^0;$$

it is known (cf [5]) that $\mathcal{P}_-^0 Q \mathcal{P}_-^0$ and $\mathcal{P}_+^0 Q \mathcal{P}_+^0$ are trace-class when $Q = P - \mathcal{P}_-^0$ and we introduce the set of \mathcal{P}_-^0 -trace class operators

$$\mathfrak{S}_1^{\mathcal{P}_-^0}(\mathfrak{H}_\Lambda) = \mathfrak{S}_2(\mathfrak{H}_\Lambda) \cap \{Q : Q^{++} := \mathcal{P}_+^0 Q \mathcal{P}_+^0, Q^{--} := \mathcal{P}_-^0 Q \mathcal{P}_-^0 \in \mathfrak{S}_1(\mathfrak{H}_\Lambda)\},$$

so we will work in

$$\mathcal{Q}_\Lambda := \tilde{\mathcal{Q}}_\Lambda \cap \mathfrak{S}_1^{\mathcal{P}_-^0}(\mathfrak{H}_\Lambda). \quad (3)$$

The density of Ω_P is represented by $\rho_{(P-\mathcal{P}_-^0)}(x) = \text{Tr}_{\mathbb{C}^4}((P - \mathcal{P}_-^0)(x, x))$ (which makes sense as Q is locally trace-class). Its Fourier transform is:

$$\widehat{\rho_Q}(k) := \frac{1}{(2\pi)^{3/2}} \int_{|u+\frac{k}{2}|, |u-\frac{k}{2}| \leq \Lambda} \text{Tr}_{\mathbb{C}^4}(\hat{Q}(u + \frac{k}{2}, u - \frac{k}{2})) du, \quad (4)$$

The energy functional is defined on \mathcal{Q}_Λ by

$$\mathcal{E}(Q) := \text{Tr}_{\mathcal{P}^0}(\mathcal{D}^0 Q) + \frac{\alpha}{2} \left(D(\rho_Q, \rho_Q) - \iint_{\mathbb{R}^3 \times \mathbb{R}^3} \frac{|Q(x, y)|^2}{|x - y|} dx dy \right), \quad (5)$$

where

$$D(f, g) := 4\pi \int_p \frac{\overline{\hat{f}(p)} \hat{g}(p)}{|p|^2} dp$$

coincides with $\iint \frac{\overline{\hat{f}(x)} \hat{g}(y)}{|x - y|} dx dy$ for sufficiently smooth functions. Here $Q(x, y)$ denotes the kernel of \hat{Q} . The trace part is the kinetic energy while the two others are respectively the *direct term* and the *exchange term*. Moreover there holds [5], [8], [1]

$$\text{Tr}_{\mathcal{P}^0}(\mathcal{D}^0 Q) = \text{Tr}(|\mathcal{D}^0| (Q^{++} - Q^{--})) \geq \text{Tr}(|\mathcal{D}^0| Q^2), \quad (6a)$$

$$\iint \frac{|Q(x, y)|^2}{|x - y|} dx dy \leq \frac{\pi}{2} \text{Tr}(|\mathcal{D}^0| Q^2), \quad (6b)$$

we will assume that $\alpha < \frac{4}{\pi}$.

We introduce

$$\mathcal{C} := \{\rho \in \mathcal{S}'(\mathbb{R}^3) : D(\rho, \rho) < \infty\},$$

along with its norm $\|\rho\|_{\mathcal{C}} := \sqrt{D(\rho, \rho)}$. Moreover we introduce the following notations concerning the Dirac operator:

Notation 1.1. We note $\tilde{E}(p) := \sqrt{g_0(p)^2 + g_1(p)^2} = |\mathcal{D}^0(p)|$ and

$$E(p) := \sqrt{1 + |p|^2} = |\mathcal{D}^0(p)|.$$

We will designate by g_0 (respectively g_1) both functions $g_\star : x \in [0, \Lambda] \rightarrow g_\star(x) \in \mathbb{R}^+$ and $g_\star : p \in B(0, \Lambda) \rightarrow g_\star(|p|) \in \mathbb{R}^+$. The (g_0) 's are \mathcal{C}^∞ while $g_1 \in \mathcal{C}^1(B(0, \Lambda))$ (cf Appendix A).

At last we note

$$\begin{cases} \mathbf{g}_1 : p \in B(0, \Lambda) \rightarrow g_1(|p|)\omega_p \in \mathbb{R}^3 \\ \mathbf{g} : p \in B(0, \Lambda) \rightarrow \begin{pmatrix} g_0(p) \\ \mathbf{g}_1(p) \end{pmatrix} \in \mathbb{R}^4. \end{cases}$$

Notation 1.2. $C_1 > 0$ denotes a constant verifying $g_1(r) \leq C_1|r|$ and $|g_0|_\infty \leq C_1$.

Notation 1.3. A recurrent function of this problem is

$$B_\Lambda(k) := \frac{1}{\pi^2 |k|^2} \int_{|p=l+\frac{k}{2}|, |q=l-\frac{k}{2}| \leq \Lambda} \frac{\tilde{E}(p) \tilde{E}(q) - \mathbf{g}(p) \cdot \mathbf{g}(q)}{\tilde{E}(p) \tilde{E}(q) (\tilde{E}(p) + \tilde{E}(q))} dl. \quad (7)$$

We define $\alpha_r(k)$ by

$$\alpha_r(k) := \frac{\alpha B_\Lambda(k)}{1 + \alpha B_\Lambda(k)}. \quad (8)$$

In Appendix A it is shown that $B_\Lambda(k) = O(\log(\Lambda))$ and that for $L \ll 1$ there holds $B_\Lambda(0) = \frac{2}{3\pi} \log(\Lambda) + O(L \log(\Lambda) + 1)$.

Notation 1.4. Throughout this paper we work in the regime

$$\alpha \rightarrow 0, \Lambda \rightarrow +\infty, \alpha \log(\Lambda) = L \leq \varepsilon_0, \alpha(\log(\Lambda))^3 \geq \varepsilon_1 > 0 \quad (9)$$

so whenever we write $o(\cdot)$ and $O(\cdot)$ without specifying the limit it is understood that it holds in the regime (9).

Moreover, K denotes a constant which is independent of α and Λ . It is understood that \lesssim refers to such a constant.

2 Main results

Here we restrict our study to states $Q \in \mathcal{Q}_\Lambda$ such that $\text{Tr}_{\mathcal{P}^0}(Q) = 1$: is there a minimizer on the surface of charge constraint 1 ? Following [7] it suffices to show that the energy function

$$E(q) := \inf_{Q \in \mathcal{Q}_\Lambda, \text{Tr}_{\mathcal{P}^0}(Q)=q} (\mathcal{E}(Q))$$

satisfies binding inequalities at level 1 that is

$$E(1) < E(1-q) + E(q), \quad \forall q \in \mathbf{R} \setminus \{0, 1\}. \quad (10)$$

We will show that it is the case in the regime (9).

The difficult case of (2) is $0 < q < 1$, it will be a corollary of the fact that $E(1) < g_0(0) := m(\alpha) = \min(\sigma(|\mathcal{D}^0|))$. The inequality $E(q) \leq |q|m(\alpha)$ is proven in [7]. For $0 < q < 1$ it is straightforward: it suffices to take trial tests of the form $Q = q|\psi\rangle\langle\psi|$ with $\psi \in \text{Ran}(\mathcal{P}_+^0)$.

Indeed the first step will be to show

Theorem 1. *There exist three constants $\alpha_0, L_0, \Lambda_0 > 0$ such that for $\alpha \leq \alpha_0, L \leq L_0, \Lambda \geq \Lambda_0$ there holds*

$$E(1) \leq m(\alpha) + \frac{(\alpha \alpha_r(0))^2 m(\alpha)}{2g_1'(0)^2} E_{\text{CP}} + o((\alpha \alpha_r(0))^2), \quad (11)$$

where E_{CP} is the Choquard-Pekar energy

$$E_{\text{CP}} := \inf_{\phi \in H^1(\mathbf{R}^3): \|\phi\|_{L^2}=1} \left\{ \int |\nabla \phi|^2 dx - D(|\phi|^2, |\phi|^2) \right\} < 0.$$

Remark 2.1. For sufficiently small L there holds $g_1'(0) > \varepsilon > 0$. More generally all the results we need about g_0 and g_1 are proven in Appendix A.

Remark 2.2. The condition $\alpha \log(\Lambda)^3 \gtrsim 1$ of (9) is not needed for this theorem.

We consider along with the authors of [7] that such a minimizer Q should satisfy a self-consistent equation of the form (with $Q = \gamma + |\psi\rangle\langle\psi|$)

$$\gamma + \mathcal{P}_-^0 = \chi_{(-\infty, 0)}(\mathcal{D}_Q), \quad \mathcal{D}_Q := \mathcal{D}^0 + \alpha \left(\rho_Q \star |\cdot|^{-1} - \frac{Q(x, y)}{|x - y|} \right), \quad (12)$$

and $|\psi\rangle\langle\psi| = \chi_{[0, \mu]}(\mathcal{D}_Q)$ where $\mu < m(\alpha)$ can be chosen such that $\mathcal{D}_Q \psi = \mu \psi$.

We thus take a trial test of the following form: let us first take ϕ'_1 the *unique* minimizer of the Choquard-Pekar energy (*cf* Theorem 1.), then consider

$\phi_1 := \frac{P_{\mathfrak{H}_\Lambda} \phi'_1}{\|P_{\mathfrak{H}_\Lambda} \phi'_1\|_{L^2}}$ where $P_{\mathfrak{H}_\Lambda}$ is the projector onto \mathfrak{H}_Λ and form the spinor

$\psi_1 := \begin{pmatrix} \phi_1 \\ 0 \end{pmatrix}$. For $\lambda^{-1} := \frac{\alpha\alpha_r(0)m(\alpha)}{g'_1(0)^2}$ we take $\psi_\lambda := \lambda^{-3/2}\psi_1(\lambda^{-1}(\cdot))$ to form

$N = N_\lambda := |\psi_\lambda\rangle\langle\psi_\lambda|$ and $n_\lambda := |\psi_\lambda|^2 = \rho_N$. We define Γ by:

$\Gamma := N' + \gamma$ with

$$\gamma = \chi_{(-\infty, 0)} \left(\mathcal{D}^0 + \alpha((\rho_\gamma + n) \star |\cdot|^{-1} - \frac{\gamma(x, y) + N(x, y)}{|x - y|}) \right) - \mathcal{P}^0, \quad (13a)$$

$$\pi = \gamma + \mathcal{P}^0, \quad N' = \frac{|(1 - \pi)\psi_\lambda\rangle\langle(1 - \pi)\psi_\lambda|}{1 - \|\pi\psi_\lambda\|_{L^2}^2}. \quad (13b)$$

It is not obvious that such a trial test exists: in fact the fixed point method of [5] can be adapted to prove it. This last paper treats the case of D^0 , in Appendix A it is shown that taking \mathcal{D}^0 does not change anything.

Then we calculate the energy of Γ .

Decomposing each term of the energy and considering that an electron does not see its own field (that is here $D(|\psi|^2, |\psi|^2) - \iint \frac{|\psi(x)|^2 |\psi(y)|^2}{|x - y|} dx dy = 0$) we can write

$$\mathcal{E}(\Gamma) = T + \frac{\alpha}{2}(I - J) \quad (14)$$

with $T = \text{Tr}_{\mathcal{P}^0}(\mathcal{D}^0 \Gamma)$ the kinetic energy and

$I = D(\rho_\Gamma, \rho_\Gamma) - D(n_\lambda, n_\lambda)$, $J = \iint \frac{|\Gamma(x, y)|^2}{|x - y|} dx dy - D(n_\lambda, n_\lambda)$. We prove

Lemma 2.3. There holds

$$\begin{aligned} \text{Tr}_{\mathcal{P}^0}(\mathcal{D}^0 N') &= m(\alpha) + \frac{g'_1(0)^2}{2\lambda^2 m} \int |\nabla \psi_1|^2 dx + o(\lambda^{-2}), \\ \frac{\alpha}{2} I &= -\frac{\alpha(2\alpha_r(0) - \alpha_r(0)^2)}{2\lambda} D(n_1, n_1) + o\left(\frac{\alpha\alpha_r(0)}{\lambda}\right), \\ \alpha J &= o\left(\frac{\alpha\alpha_r(0)}{\lambda}\right), \\ \text{Tr}_{\mathcal{P}^0}(D\gamma) &= \frac{\alpha(\alpha_r(0) - \alpha_r(0)^2)}{2\lambda} D(n_1, n_1) + o\left(\frac{\alpha\alpha_r(0)}{\lambda}\right) \end{aligned}$$

such that *in fine* we get

$$\mathcal{E}(\Gamma) = m(\alpha) + \frac{\alpha\alpha_r(0)}{2\lambda} E_{\text{CP}} + o\left(\frac{\alpha\alpha_r(0)}{\lambda}\right).$$

Lemma 2.3. is proved in section 4.1 and Theorem 1. follows immediatly.

A corollary is then

Proposition 2. For each $q \neq 0, 1$ there holds $E(1) < E(1 - q) + E(q)$.

Theorem 1.[7] assures that *there exists a minimizer of $E(1)$.*

We study such a minimizer taking the form $Q = \gamma + |\psi\rangle\langle\psi|$ with $D_Q \psi = \mu\psi$.

We write $v_\gamma = \rho_\gamma \star |\cdot|^{-1}$ and $R_\gamma(x, y) = \frac{\gamma(x, y)}{|x - y|}$: as $(|\psi|^2 \star |\cdot|^{-1} - \frac{\psi(x)\psi(y)^*}{|x - y|})\psi = 0$ we have

$$(\mathcal{D}^0 + \alpha(v_\gamma - R_\gamma))\psi = \mu\psi. \quad (15)$$

A natural question arises: does it have a form similar to the previous trial test, in particular does its energy have the same asymptotic expansion at order 1 ?

Theorem 3. *There exist three constants $\alpha_1, L_1, \Lambda_1 > 0$ such that for $\alpha \leq \alpha_1, L \leq L_1, \Lambda \geq \Lambda_1$ in the regime $\alpha(\log(\Lambda))^3 \gtrsim 1$ there holds*

$$E(1) = m(\alpha) + \frac{(\alpha\alpha_r(0))^2 m(\alpha)}{2(g'_1(0))^2} E_{\text{CP}} + o((\alpha\alpha_r(0))^2). \quad (16)$$

As it can be guessed we will follow the same path as the one for Theorem 1. We will first prove that

Lemma 2.4. $\|\psi\|_{H^{3/2}} = O(1)$,

enabling us to apply the fixed-point method with $n = |\psi|^2$ and $N = |\psi\rangle\langle\psi|$ and by so constructing the minimizer as a fixed point. Using the estimates that we deduce from the fixed-point method and equation (15) we then prove that

Lemma 2.5. $\langle |\nabla|^2 \psi, \psi \rangle = O((\alpha\alpha_r(0))^2)$.

It implies that a minimizer of $E(1)$ has the same estimates of the trial test concerning the quantities $D(n, n), D(\rho_\gamma, \rho_\gamma)$ and $\iint \frac{|\gamma(x, y)|^2}{|x-y|} dx dy$: they are respectively $O(L\alpha), O(L^2(L\alpha))$ and $O((L\alpha)^2)$.

Following [7], we apply a scaling transform to the minimizer with a scale $\alpha\alpha_r(0)$: we get $\underline{\psi} = \left(\frac{\varphi}{\chi}\right) \in H^1(\mathbb{C}^4)$. The previous results will give

Lemma 2.6. $\|\underline{\psi}\|_{H^{3/2}} = O(1), \|\underline{\chi}\|_{H^1} = O(L\alpha)$.

This last lemma enables us to estimate $E(1)$ and to obtain the result of Theorem 3. Thus

Theorem 4. writing $C_0^2 := \frac{2g_1'(0)^2}{(\alpha\alpha_r(0))^2 m(\alpha)}$ there holds in the regime (9)

$$\liminf_{\alpha, \Lambda^{-1} \rightarrow 0} C_0^2(E(1) - m(\alpha)) = \limsup_{\alpha, \Lambda^{-1} \rightarrow 0} C_0^2(E(1) - m(\alpha)) = E_{\text{CP}}. \quad (17)$$

If $L = \alpha \log(\Lambda) \leq \min(L_0, L_1)$ is fixed then $\lim_{\alpha \rightarrow 0} \Lambda^{-1} = 0$ so (17) holds with $\alpha \rightarrow 0$.

Remark 2.7. This answers an open question stated in [8].

3 Preliminary results

3.1 The fixed point method

Notation 3.1. For a compact operator Q we will write R_Q or $R(Q)$ the operator whose kernel is $\frac{Q(x, y)}{|x-y|}$ and φ_Q the function $\rho_Q \star |\cdot|^{-1}$. In general we take the notation of [5].

As shown in [5] we can use the Cauchy expansion to write (at least formally)

$$\chi_{(-\infty, 0)}(\mathcal{D}^0 + \alpha(\varphi_Q - R_Q)) - \chi_{(-\infty, 0)}(\mathcal{D}^0) = \sum_{k=1}^{\infty} \alpha^k Q_k, \quad (18a)$$

$$Q_k = -\frac{1}{2\pi} \int_{-\infty}^{+\infty} d\eta \frac{1}{\mathcal{D}^0 + i\eta} \left((R_Q - \varphi_Q) \frac{1}{\mathcal{D}^0 + i\eta} \right)^k. \quad (18b)$$

We also expand $(R - \varphi)^k$: $Q_k := \sum_{j=0}^k Q_{j, j-k}$ like in [5] (the first number denotes the number of (R) 's). This equation is about the vacuum without external field: to consider an electron (represented by $N := |\psi\rangle\langle\psi|$) we have to add its field $n := |\psi|^2$ together with the operator $\frac{N(x, y)}{|x-y|}$ in the exchange term and get:
 $\rho' = \rho + n, Q' = Q + N, \varphi'_Q = \varphi_Q$ and so the equation

$$\chi_{(-\infty, 0)}(\mathcal{D}^0 + \alpha(\varphi'_Q - R'_Q)) - \chi_{(-\infty, 0)}(\mathcal{D}^0) = F_Q(Q', \rho') = \sum_{k=1}^{\infty} \alpha^k Q_k(Q' \rho'). \quad (19)$$

There holds $\widehat{\rho}_{0,1}(p) = -\widehat{\rho}'(p)B_\Lambda(p)$ so taking the density ρ of that equation we obtain $\rho_{Q'} = F_\rho(Q', \rho')$, with

$$\widehat{F}_\rho(p) = \frac{1}{1 + \alpha B_\Lambda(p)} \left(\alpha(\widehat{\rho}_{1,0}(p) + \widehat{n}(p)) + \sum_{k \geq 2} \alpha^k \widehat{\rho}_k(p) \right). \quad (20)$$

Of course this is not enough: we must precise the domain of the function

$$F := F_Q \times F_\rho. \quad (21)$$

We will first consider the Banach space $\mathcal{X} = \mathcal{Q} \times \mathfrak{C}$ defined by the norms

$$\|Q\|_{\mathcal{Q}}^2 = \iint \tilde{E}(p-q)^2 \tilde{E}(p+q) |\widehat{Q}(p, q)|^2 dp dq, \quad \|\rho\|_{\mathfrak{C}}^2 = \int \frac{\tilde{E}(k)^2}{|k|^2} |\widehat{\rho}(k)|^2 dk,$$

and $\|(Q, \rho)\|_{\mathcal{X}} = 2C_1^{3/2}(2\sqrt{2}\|\rho\|_{\mathfrak{C}} + C_R\sqrt{2}\|Q\|_{\mathcal{Q}})$ where C_R is defined in [5] and $|g_0(p)| \leq C_1$, $|g_1(p)| \leq C_1|p|$. Like in [5] we can show that we can apply the Banach fixed point theorem in $\mathcal{X} \cap B(0, R_\Lambda)$ where R_Λ is $O(\sqrt{\log(\Lambda)})$ when $\sqrt{L\alpha} \leq \varepsilon$: in our regime where $\alpha \log(\Lambda) \leq L_0$ the condition on α holds for α sufficiently small.

We will denote by ν the Lipschitz constant of F in $B(0, R_\Lambda)$: $\nu = O(\sqrt{L\alpha})$. Indeed we can show that $\|dF\|_{L(\mathcal{X})} \lesssim \sqrt{L\alpha}$.

We also introduce the norms

$$\begin{aligned} \|Q\|_S^2 &= \iint \frac{|Q(x, y)|^2}{|x-y|} dx dy, \quad \|Q\|_F^2 = \text{Tr}(|\mathcal{D}^0| Q^* Q), \\ \|Q\|_E^2 &= \iint \max(\tilde{E}(p), (\tilde{E}(p-q))^2, \tilde{E}(p-q) \tilde{E}(p+q)) |\widehat{Q}(p, q)|^2 dp dq, \end{aligned}$$

and $\sqrt{\frac{2}{\pi}}\|\cdot\|_S \leq \|\cdot\|_F \leq \|\cdot\|_E \leq \|\cdot\|_{\mathcal{Q}}$.

Remark 3.2. By looking closely at the estimates of [5] we realize that we can take another choice of norms for F and so another choice of Banach space on which applying the Banach fixed point theorem. Indeed let us take a radial function $f: \mathbf{R}^3 \rightarrow [1, +\infty)$: as long as there exists a constant $C > 0$ such that

$$f(p-q) \leq C(f(p-p_1) + f(p_1-q)), \quad \alpha \left(\int_{r=0}^{\Lambda} \frac{dr}{f(r)^2} \right)^{1/2} =: \theta = o(1),$$

we can apply the theorem with the norms

$$_* \|Q\|_{\mathcal{Q}}^2 = \iint f(p-q)^2 \tilde{E}(p+q) |\widehat{Q}(p, q)|^2 dp dq, \quad _* \|\rho\|_{\mathfrak{C}}^2 = \int \frac{f(k)^2}{|k|^2} |\widehat{\rho}(k)|^2 dk,$$

even if it means changing the weights of the norms and restricting to $\theta \ll 1$. With $f(p) = \tilde{E}(p)^a$, $\frac{1}{2} \leq a \leq 1$ we have $\theta = O(\sqrt{L\alpha}) \xrightarrow{\alpha \rightarrow 0} 0$ so there will be no problem in our regime.

3.2 Some inequalities

Let us recall Hardy's, Kato's and Kato-Seiler-Simon's inequalities we will use throughout this paper: for $\phi \in L^2(\mathbf{R}^3)$, $f, g \in \mathcal{B}(\mathbf{R}^3, \mathbf{C}^4)$ (Borelian functions) there hold:

$$\int \frac{|\phi(x)|^2}{|x|^2} dx \leq 4 \langle |\nabla|^2 \phi, \phi \rangle, \quad (22a)$$

$$\int \frac{|\phi(x)|^2}{|x|} dx \leq \frac{\pi}{2} \langle |\nabla| \phi, \phi \rangle, \quad (22b)$$

$$\|f(x)g(i\nabla)\|_{\mathfrak{S}_p} \leq (2\pi)^{-\frac{3}{p}} \|f\|_{L^p} \|g\|_{L^p}, \quad 2 \leq p < \infty. \quad (22c)$$

In particular (22b) and (22c) give

Lemma 3.3. Let $Q \in \mathcal{Q}_\Lambda$ and $\rho \in \mathcal{C}$, then we have $(\varphi = \rho \star |\cdot|^{-1})$

$$\begin{aligned} \| |R_Q| \mathcal{D}^0 |^{-\frac{1}{2}} \|_{\mathcal{B}}, \| |\mathcal{D}^0|^{-\frac{1}{2}} R_Q \|_{\mathcal{B}} &\lesssim \|Q\|_S, \\ \| |\varphi| \mathcal{D}^0 |^{-\frac{1}{2}} \|_{\mathfrak{S}_6}, \| |\mathcal{D}^0|^{-\frac{1}{2}} \varphi \|_{\mathfrak{S}_6} &\lesssim (\log(\Lambda))^{\frac{1}{6}} \|\rho\|_{\mathcal{C}}, \\ \| |\varphi| \mathcal{D}^0 |^{-t} \|_{\mathfrak{S}_6}, \| |\mathcal{D}^0|^{-t} \varphi \|_{\mathfrak{S}_6} &\leq K_t \|\rho\|_{\mathcal{C}}, \quad t > 1/2. \end{aligned}$$

Let us consider $R = R_Q$ with $Q \in \mathcal{Q}_\Lambda$. [5] introduces the norm $\|R\|_R^2 = \iint \frac{\tilde{E}(p-q)^2}{\tilde{E}(p+q)} |\hat{R}(p, q)|^2 dp dq$ and the proof of Lemma 8.[5] enables us to say that

Lemma 3.4. Let $t \geq 0$.

$$\| |\mathcal{D}^0|^{-1/2} R |\mathcal{D}^0|^{-1/2} \|_{\mathfrak{S}_2}^2 \lesssim \iint \tilde{E}(p+q) |\hat{Q}(p, q)|^2 dp dq, \quad (23a)$$

$$\iint \frac{\tilde{E}(p-q)^t}{\tilde{E}(q)^2} |\hat{R}(p, q)|^2 dp dq \lesssim \iint \tilde{E}(p-q)^t \tilde{E}(p+q) |\hat{Q}(p, q)|^2 dp dq, \quad (23b)$$

$$\iint \frac{|\hat{R}(p, q)|^2}{\tilde{E}(q)} dp dq \lesssim \iint \tilde{E}(p-q) \tilde{E}(p+q) |\hat{Q}(p, q)|^2 dp dq. \quad (23c)$$

(23a) is straightforward for $\tilde{E}(p)^{-1} \tilde{E}(q)^{-1} \lesssim \tilde{E}(p+q)^{-1}$ and (23c) is due to the fact that $\tilde{E}(q)^{-1} \lesssim \frac{\tilde{E}(p-q)}{\tilde{E}(p+q)}$. Following the proof of 8.[5] we have

$$\iint \frac{\tilde{E}(p-q)^t}{\tilde{E}(q)^2} |\hat{R}(p, q)|^2 dp dq \leq 8 \iint \tilde{E}(2v)^t \tilde{E}(2l) h(l, v) |\hat{Q}(l+v, l-v)|^2 dp dq,$$

$$h(l, v) \leq \tilde{E}(2l)^1 (2\pi^2)^{-2} \iint dudl' (\tilde{E}(u-v)^2 \tilde{E}(2l')^{1+1} |l-u|^2 |l'-u|^2)^{-1} \lesssim 1.$$

4 Proofs

4.1 Proof of Lemma 2.3.

We apply the Banach theorem with initial data $(N, n) \in \mathcal{X}$: we note the iterations

$$\gamma'_j = \gamma_j + N, \quad \bar{p}'_j = \bar{p}_j + n \quad (24)$$

with $\gamma_{j+1} = \chi_{(-\infty, 0)}(\mathcal{D}^0 + \alpha(\varphi'_{\bar{p}'_j} - R'(\gamma_j))) - \mathcal{P}^0_-$ (so $\gamma_0 = 0$). All the estimates we need about γ etc. are in Appendix B, in particular we will use (68): $\|\gamma\|_E \lesssim L\alpha$ where we recall $\|\cdot\|_{\mathfrak{S}_2} \leq \|\cdot\|_E$ and we define

$$\tau := \alpha\alpha_r(0). \quad (25)$$

Remark 4.1. Here λ^{-1} and τ are of the same order $L\alpha$ but the use of τ means we estimate a quantity depending on γ while the use of λ^{-1} means we estimate a quantity depending on ψ_λ .

A direct calculation shows that $\|\mathcal{P}^0_- |\mathcal{D}^0| \psi_\lambda\|_{L^2} = O(\lambda^{-1})$ and $\| |\mathcal{D}^0| \psi_\lambda \|_{L^2} = O(1)$. We will often use

$$\|\pi\psi_\lambda\|_{L^2} \leq \|\gamma\psi_\lambda\|_{L^2} + \|\mathcal{P}^0_- \psi_\lambda\|_{L^2} \lesssim (\tau + \lambda^{-1}). \quad (26)$$

Notation 4.2. Let us note $\phi_\lambda := \frac{(1-\pi)\psi_\lambda}{\| (1-\pi)\psi_\lambda \|_{L^2}}$ and $N' = |\phi_\lambda\rangle\langle\phi_\lambda|$.

• Looking at the kernel of $H =: [|\mathcal{D}^0|, \gamma] = [|\mathcal{D}^0|, \pi]$, $\|H\|_{\mathfrak{S}_2} \leq \|\gamma\|_E$ is immediate.

$$4.1.1 \quad J = \iint (|\gamma(x, y)|^2 + 2\Re\langle\gamma(x, y), \Phi_\lambda(x, y)\rangle) |x-y|^{-1} dx dy.$$

(6) and (68) show that $\|\gamma\|_S^2 = O(\tau^2)$. By Cauchy-Schwarz inequality and (22a) ($G = |f\rangle\langle g|$)

$$|\langle\gamma, G\rangle_S| \leq \min(\|\gamma\|_S \|G\|_S, 2\|\gamma\|_{\mathfrak{S}_2} \|\nabla|f|\|_{L^2} \|g\|_{L^2}).$$

Now thanks to (22b) and (72): $\iint |\pi\psi_\lambda(x)|^2 |x-y|^{-1} |\pi\psi_\lambda(y)|^2 dx dy \lesssim \|\pi\psi_\lambda\|_{L^2}^2 \langle |\mathcal{D}^0| \pi\psi_\lambda, \pi\psi_\lambda \rangle$ and $\langle |\mathcal{D}^0| \pi\psi_\lambda, \pi\psi_\lambda \rangle \leq \|\pi\psi_\lambda\|_{L^2} (\|H\|_B + \|\pi|\mathcal{D}^0| \psi_\lambda\|_{L^2})$, so we obtain $(\tau + \lambda^{-1})^4$.

In the same way

$\iint |\psi_\lambda(x)|^2 |x-y|^{-1} |\pi\psi_\lambda(y)|^2 dx dy \lesssim \|\pi\psi_\lambda\|_{L^2}^2 \langle |\nabla| \psi_\lambda, \psi_\lambda \rangle \lesssim \frac{(\tau + \lambda^{-1})}{\lambda}$ and finally: $\iint |\psi_\lambda(x)|^2 |x-y|^{-2} |\psi_\lambda(y)|^2 dx dy \leq 4\|\psi_\lambda\|_{L^2} \langle |\nabla|^2 \psi_\lambda, \psi_\lambda \rangle \leq 4\lambda^{-2}$. Thus $J = O(\tau^2 + \lambda^{-2}) = O((L\alpha)^2)$.

$$4.1.2 \quad I = D(\rho_\gamma, \rho_\gamma) + 2D(\rho_\gamma, |\phi_\lambda|^2).$$

According to the self-consistent equation satisfied by ρ_γ , we write

$$\widehat{\rho}_\gamma(p) = -\alpha_r(p)\widehat{n}(p) + (1 - \alpha_r(p))\widehat{\rho}_{1,0}(p) + (1 - \alpha_r(p)) \sum_{k=2}^{\infty} \alpha^k \widehat{\rho}_k(p) \quad (27)$$

where we recall that $\alpha_r(p) = \frac{\alpha B_\Lambda(p)}{1 + \alpha B_\Lambda(p)}$. Thus

$$\begin{aligned} D(\rho_\gamma, \rho_\gamma) &= 4\pi \int_p \left(\alpha_r(p)^2 |\widehat{n}(p)|^2 + (1 - \alpha_r(p))^2 |\alpha \widehat{\rho}_{1,0}(p)|^2 + (1 - \alpha_r(p))^2 \left| \sum \right|^2 \right. \\ &\quad \left. + 2\Re \left(\alpha_r(p)(1 - \alpha_r(p)) \overline{\widehat{n}(p)} \left(\alpha \widehat{\rho}_{1,0}(p) + \sum \right) + (1 - \alpha_r(p))^2 \overline{\alpha \widehat{\rho}_{1,0}(p)} \sum \right) \right) \frac{dp}{|p|^2}, \end{aligned}$$

and by Cauchy-Schwarz inequality, we just look at $\int \frac{|\widehat{\rho}(p)|^2}{|p|^2} dp$ with $\rho = n, \rho_{1,0}, \sum$. By Proposition 9. in a neighbourhood of 0 *independent* of α, Λ in the regime (9), for $\varepsilon = \frac{1}{6}$, there holds ($|k| = x < r_\varepsilon$):

$$\frac{|B_\Lambda(x) - B_\Lambda(0)|}{x} \lesssim (\Lambda^{-1} + x^{1/2}) =: z(x). \quad (28)$$

Then

$$\int_p \frac{\alpha_r(p)^2 |\widehat{n}_\lambda(p)|^2}{|p|^2} dp = \frac{1}{\lambda} \int_p \frac{\alpha_r(\frac{p}{\lambda})^2 |\widehat{n}_1(p)|^2}{|p|^2} dp,$$

For $\lambda \geq r_\varepsilon^{-4}$ and $p \in B(0, \lambda^{3/4})$: $|B_\Lambda(p/\lambda) - B_\Lambda(0)| \leq \frac{|p|}{\lambda} (z(\lambda^{-1/4}) + K\Lambda^{-1})$. As $f_1 : t \in \mathbf{R}^+ \rightarrow \frac{t}{1+t}$ and $f_2 = f_1^2$ have bounded derivatives (by 1 and 2 respectively), for p with $B_\Lambda(p) \neq B_\Lambda(0)$,

$$|\alpha_r(p) - \alpha_r(0)| \leq \alpha |B_\Lambda(p) - B_\Lambda(0)|, \quad |\alpha_r(p)^2 - \alpha_r(0)^2| \leq 2\alpha |B_\Lambda(p) - B_\Lambda(0)| \text{ so}$$

$$\begin{aligned} \int_{|p| \leq \lambda^{3/4}} |f_i(\alpha B_\Lambda(p)) - f_i(\alpha B_\Lambda(0))| \frac{|\widehat{n}_\lambda(p)|^2 dp}{|p|^2} &\leq 2\alpha \frac{z(\lambda^{-1/4}) + K\Lambda^{-1}}{\lambda} \int \frac{|\widehat{n}_1(p)|^2 dp}{|p|} \\ &\lesssim \alpha \frac{z(\lambda^{-1/4}) + \Lambda^{-1}}{\lambda} \|n_1\|_c \|\psi_1\|_{L^4}^2. \end{aligned}$$

As $f_1(t), f_2(t) \leq t^2$ then

$$\int_{|p| > \lambda^{3/4}} \alpha_r(p)^i \frac{|\widehat{n}_1(p)|^2}{|p|^2} dp \lesssim \lambda^{-3/2} L^i \int |\widehat{n}_1(p)|^2 dp \lesssim \lambda^{-3/2} L^i \|\psi_1\|_{H^1}^2 = O(L^i \lambda^{-3/2})$$

and

Lemma 4.3. $\int_p \alpha_r(p)^i \frac{|\widehat{n}_\lambda(p)|^2}{|p|^2} dp = \alpha_r(0)^i \frac{D(n_1, n_1)}{\lambda} + o_{\lambda \rightarrow \infty}(L^i \lambda^{-1}).$

Furthermore $\int_p \alpha^2 (1 - \alpha_r(p))^2 \frac{|\widehat{\rho}_{1,0}(p)|^2}{|p|^2} dp \lesssim \alpha^2 \|\rho_{1,0}\|_c^2$ where

$$\widehat{\rho}_{1,0}(p) = \frac{2^{-1}}{(2\pi)^{3/2}} \int_{|l+k/2|, |l-k/2| < \Lambda} \text{Tr}_{\mathbf{C}^4} (\widehat{R}_{\gamma'}(l+k/2, l-k/2) M(l-k/2, l+k/2)) dl, \quad (29)$$

writing $R(\gamma') = \sum_{k \geq 1} (R_{\gamma_{k+1}} - R_{\gamma_k}) + R_{\gamma_1} + R_N$ we propagate by linearity in (29): thanks to (65b) and (70a) there holds

$$\alpha^2 \|\rho_{1,0}\|_c^2 \lesssim \alpha^2 (\lambda^{-3} \|\psi_\lambda\|_{H^1}^4 + L\sqrt{L\alpha} D(n_1, n_1) + O(\alpha\sqrt{L\alpha})).$$

Then $\|\sum\|_c \lesssim \alpha^2$ is immediate with the estimates of [5].

Now $|\phi_\lambda|^2(x) = \frac{1}{1 - \|\pi\psi_\lambda\|_{L^2}^2} (|\psi_\lambda(x)|^2 + |\pi\psi_\lambda(x)|^2 - 2\langle \pi\psi_\lambda(x), \psi_\lambda(x) \rangle)$. For the two last terms, we use Cauchy-Schwarz inequality to get thanks to (22b) $K \frac{(\tau + \lambda^{-1})^2}{\lambda}$ (cf 4.1.1 and $|\langle \pi\psi_\lambda(x), \psi_\lambda(x) \rangle| \leq |\pi\psi_\lambda(x)| |\psi_\lambda(x)|$ etc.)

Then $D(\rho_\gamma, n_\lambda) = -4\pi \int \alpha_r(p) |\widehat{n_\lambda}(p)|^2 \frac{dp}{|p|^2} + D(\alpha\rho_{1,0}, n_\lambda) + D(\sum_{k \geq 2} \alpha^k \rho_k, n_\lambda)$.
 With the same method as for $D(\rho_\gamma, \rho_\gamma)$ and Cauchy-Schwarz inequality:

$$D(\rho_\gamma, |\phi_\lambda|^2) = -\alpha_r(0)D(n_\lambda, n_\lambda) + \underset{\lambda \rightarrow \infty}{o}\left(\frac{L}{\lambda}\right).$$

Since $\frac{1}{1-||\pi\psi_\lambda||_{L^2}^2} = 1 + O((\tau + \lambda^{-1})^2)$, we finally obtain:

$$I = -\frac{2\alpha_r(0) + \alpha_r(0)^2}{\lambda} D(n_1, n_1) + \underset{\lambda \rightarrow \infty}{o}\left(\frac{L}{\lambda}\right) \quad (30)$$

4.1.3 $\text{Tr}_{\mathcal{P}^0}(\mathcal{D}^0 N') = \text{Tr}(DN') = \langle \mathcal{D}^0 \phi_\lambda, \phi_\lambda \rangle$.

We emphasize that ψ_λ has no lower part as a spinor.

As in **a)** there holds $|\langle \mathcal{D}^0 \pi \psi_\lambda, \pi \psi_\lambda \rangle| \leq ||\pi \psi_\lambda||_{L^2} ||\mathcal{D}^0 \pi \psi_\lambda||_{L^2}$ and thanks to (72),
 $||\mathcal{D}^0 \pi \psi_\lambda||_{L^2} \lesssim K(\tau + \lambda^{-1})$ so $|\langle \mathcal{D}^0 \pi \psi_\lambda, \pi \psi_\lambda \rangle| = o((L\alpha)^2)$.

Hence $\langle \mathcal{D}^0 \phi_\lambda, \phi_\lambda \rangle = \frac{\langle \mathcal{D}^0 \psi_\lambda, \psi_\lambda \rangle}{1-||\pi\psi_\lambda||_{L^2}^2} + \langle |\mathcal{D}^0| \mathcal{P}_-^0 \psi_\lambda, \psi_\lambda \rangle + o((L\alpha)^2)$. Indeed
 $\langle \mathcal{D}^0 \psi_\lambda, \pi \psi_\lambda \rangle = \langle \pi \mathcal{D}^0 \psi_\lambda, \pi \psi_\lambda \rangle$ etc.

Notation 4.4. We will write $\langle g_0 \psi, \psi \rangle$ for $(2\pi)^{-3} \int g_0(p) |\widehat{\psi}(p)|^2 dp$ etc.

As $g'_0(0) = 0$ and $||g''_0||_\infty \leq \alpha$ and the $(g'_1)_{\alpha, \Lambda}$'s are uniformly continuous in a neighbourhood of 0 (*cf* Proposition 5. in Appendix A)

$$\begin{aligned} \frac{\langle \mathcal{D}^0 \psi_\lambda, \psi_\lambda \rangle}{1-||\pi\psi_\lambda||_{L^2}^2} &= \langle g_0 \psi_\lambda, \psi_\lambda \rangle (1 + \langle \mathcal{P}_-^0 \psi_\lambda, \psi_\lambda \rangle) + o((L\alpha)^2) \\ &= g_0(0) + \frac{g_0(0)}{4} \langle \frac{g_1^2}{g_0^2} \psi_\lambda, \psi_\lambda \rangle + o((L\alpha)^2) \\ &= g_0(0) + \frac{g'_1(0)}{4g_0(0)\lambda^2} \langle |\nabla|^2 \psi_1, \psi_1 \rangle + o((L\alpha)^2). \end{aligned}$$

Furthermore $\langle |\mathcal{D}^0| \mathcal{P}_-^0 \psi_\lambda, \psi_\lambda \rangle = \frac{1}{2} \langle (|\mathcal{D}^0| - g_0) \psi_\lambda, \psi_\lambda \rangle = \frac{1}{4g_0(0)} \langle g_1^2 \psi_\lambda, \psi_\lambda \rangle + o(\lambda^{-2})$.
 Finally

$$\text{Tr}_{\mathcal{P}^0}(\mathcal{D}^0 N') = \langle \mathcal{D}^0 \phi_\lambda, \phi_\lambda \rangle = g_0(0) + \frac{g'_1(0)^2}{2\lambda^2 g_0(0)} \langle |\nabla|^2 \psi_1, \psi_1 \rangle + o((L\alpha)^2) \quad (31)$$

4.1.4 $\text{Tr}_{\mathcal{P}^0}(D\gamma)$.

Notation 4.5. Let us write $B = R'_\gamma - \varphi'_\gamma = R(\gamma + N) - (\rho_\gamma + n) \star |\cdot|^{-1}$.

Remark 4.6. Let us recall Lemma 1.[5]: if P, Π are two projectors such that:
 $P - \Pi \in \mathfrak{S}_2$ then

$$Q \in \mathfrak{S}_1^P \iff Q \in \mathfrak{S}_1^\Pi \text{ and then } \text{Tr}_P(Q) = \text{Tr}_\Pi(Q).$$

Here we will take $P = \mathcal{P}_-^0$ and $\Pi := \chi_{(-\infty, 0)}(\mathcal{D}^0 + \alpha B)$: formally (*cf* [9])

$$\text{Tr}_{\mathcal{P}^0}((\mathcal{D}^0 + \alpha B)\gamma) \stackrel{?}{=} \text{Tr}(|\mathcal{D}^0|\gamma^2) + \alpha \text{Tr}_{\mathcal{P}^0}(B\gamma) \quad (32a)$$

$$\text{Tr}_{\mathcal{P}^0}((\mathcal{D}^0 + \alpha B)\gamma) \stackrel{?}{=} -\text{Tr}(|\mathcal{D}^0 + \alpha B|\gamma^2) \stackrel{?}{=} -\text{Tr}(|\mathcal{D}^0|\gamma^2) + o(\text{Tr}(|\mathcal{D}^0|\gamma^2)) \quad (32b)$$

so we would like to show that $\text{Tr}(|\mathcal{D}^0|\gamma^2) = -\frac{\alpha}{2} \text{Tr}_{\mathcal{P}^0}(B\gamma) + o(\tau^2)$.

Two problems arise: are $B\gamma, BQ_k(\gamma)$ in $\mathfrak{S}_1^{\mathcal{P}_-^0}$ and how can we evaluate
 $|\mathcal{D}^0 + \alpha B| - |\mathcal{D}^0|$? We will deal with the last question in Appendix C and prove

Lemma 4.7.

$$\text{Tr}(|\mathcal{D}^0 + \alpha B|\gamma^2) = \text{Tr}(|\mathcal{D}^0|\gamma^2) + O(\alpha\tau^2).$$

Supposing those facts are true we get $\text{Tr}(|\mathcal{D}^0|\gamma^2) = -\frac{\alpha}{2} \text{Tr}_{\mathcal{P}^0}(B\gamma) + O(\alpha\tau^2)$.
 We use (23c):

$$||R'_\gamma \gamma||_{\mathfrak{S}_1} \leq ||R(\gamma)|\mathcal{D}^0|^{-1/2}||_{\mathfrak{S}_2} |||\mathcal{D}^0|^{1/2} \gamma||_{\mathfrak{S}_2} + ||R(N)||_{\mathfrak{S}_2} ||\gamma||_{\mathfrak{S}_2} \lesssim (\tau + \lambda^{-1})\tau.$$

Then let us prove $\text{Tr}_{\mathcal{P}^0}(\varphi'_\gamma \gamma) = D(\rho_\gamma + n_\lambda, \rho_\gamma)$. In fact if $Q \in \mathfrak{S}_1^{\mathcal{P}^0}$ and if $\int \text{Tr}(\widehat{Q}(p, p)) dp$ exists then it is equal to $\text{Tr}_{\mathcal{P}^0}(Q)$ for $\mathcal{P}^0 = f(i\nabla)$: in Fourier space $\text{Tr}_{\mathbb{C}^4}(\widehat{\mathcal{P}}_-^0(p) \widehat{Q}(p, p) \widehat{\mathcal{P}}_+^0(p)) = 0$.

$$\begin{aligned} (2\pi)^{-3/2} \iint_{|p|, |q| < \Lambda} \widehat{\varphi}'_\gamma(p - q) (\text{Tr}(\widehat{\gamma}(p, q)))^* dp dq &= (2\pi)^{-3/2} \iint_{|u + \frac{k}{2}|, |u - \frac{k}{2}| < \Lambda} \widehat{\varphi}'_\gamma(k) (\text{Tr}(\widehat{\gamma}(u + k/2, u - k/2)))^* dudk \\ &= \int_k \widehat{\varphi}'_\gamma(k) \widehat{\rho}_\gamma(k)^* dk = 4\pi \int_k \frac{\widehat{\rho}'_\gamma(k) \widehat{\rho}_\gamma(k)^*}{|k|^2} dk = D(\rho_\gamma, \rho'_\gamma). \end{aligned}$$

Like in the calculation of I there holds

$$D(\rho_\gamma, \rho_\gamma + n_\lambda) = \frac{\alpha_r(0)^2 - \alpha_r(0)}{\lambda} D(n_1, n_1) + o\left(\frac{L}{\lambda}\right),$$

so

$$\text{Tr}(|\mathcal{D}^0| \gamma^2) = \alpha \frac{\alpha_r(0)^2 - \alpha_r(0)}{2\lambda} D(n_1, n_1) + o\left(\frac{L}{\lambda}\right). \quad (33)$$

Remark 4.8. The calculation above is correct if $\widehat{\gamma}(p, q) \in \mathcal{C}^0(B(0, \Lambda)^2)$:

$$A_1 = \iint_{|u \pm \frac{k}{2}| < \Lambda} \frac{|\widehat{\rho}(k)|}{|k|^2} |\widehat{\gamma}(u + \frac{k}{2}, u - \frac{k}{2})| dudk \lesssim \Lambda^{3/2} \|\rho\|_{\mathcal{C}} (\Lambda^{3/2} \|\widehat{\gamma}\|_{L^\infty} + \|\gamma\|_{\mathfrak{S}_2}).$$

We conclude by continuity of $Q \in \mathfrak{S}_1^{\mathcal{P}^0} \mapsto \rho_Q \in \mathcal{C}$ shown in [7] and of

$Q \in \mathfrak{S}_1^{\mathcal{P}^0} \mapsto \text{Tr}_{\mathcal{P}^0}(\varphi'_\gamma Q)$ and the density of $\mathcal{C}^0(B(0, \Lambda)^2)$ in $\mathcal{F}(\mathfrak{S}_1^{\mathcal{P}^0}(\mathfrak{H}_\Lambda))$.

Indeed, using the notations of [5] and [4]: $\gamma^{e_1 e_2} = \mathcal{P}_{e_1}^0 \gamma \mathcal{P}_{e_2}^0$, there holds (cf 3.3.):

$$(\varphi'_\gamma Q)^{--} = (\mathcal{P}_-^0[\varphi'_\gamma, \mathcal{P}_+^0] |\mathcal{D}^0|^{-1/2}) |\mathcal{D}^0|^{1/2} Q^{+-} + (\varphi'_\gamma |\mathcal{D}^0|^{-1/2})^{--} |\mathcal{D}^0|^{1/2} Q^{--} \in \mathfrak{S}_1(\mathfrak{H}_\Lambda) \quad (34)$$

and so $|\text{Tr}_{\mathcal{P}^0}(\varphi'_\gamma Q)| \leq \|\rho'_\gamma\|_{\mathcal{C}} \Lambda^{1/2} (\log(\Lambda))^{1/6} \|Q\|_{\mathfrak{S}_{1, \mathcal{P}^0_-}}$ with

$$\|Q\|_{\mathfrak{S}_{1, \mathcal{P}^0_-}} := \|Q^{--}\|_{\mathfrak{S}_1} + \|Q^{++}\|_{\mathfrak{S}_1} + \|Q^{-+}\|_{\mathfrak{S}_2} + \|Q^{+-}\|_{\mathfrak{S}_2}. \quad (35)$$

$BQ_k(\gamma) \in \mathfrak{S}_1^{\mathcal{P}^0}(\mathfrak{H}_\Lambda)$. We recall: $|\mathcal{D}^0|^{-1/2} \varphi'_\gamma \in \mathfrak{S}_2(\mathfrak{H}_\Lambda)$, $|\mathcal{D}^0| \in \mathcal{B}(\mathfrak{H}_\Lambda)$, $|\mathcal{D}^0|^{-1/2} R'_\gamma \in \mathfrak{S}_2(\mathfrak{H}_\Lambda)$, and thanks to [5] $\gamma^{++}, \gamma^{--} \in \mathfrak{S}_1(\mathfrak{H}_\Lambda)$.

These facts enable us to show: for $k \geq 4$, $Q_k(\gamma) \in \mathfrak{S}_1(\mathfrak{H}_\Lambda)$ since $Q_k^{+ \dots +} = Q_k^{- \dots -} = 0$ (by the residuum formula in the formula of the kernel in Fourier space as shown in [5]).

We can adapt Lemma of [4] and prove in the same way:

Lemma 4.9. For $0 \leq t < 1/2$ there holds with $A = \|\rho_{\gamma'}\|_{\mathcal{C}} + \|\gamma'\|_S$

$$\begin{aligned} \||\mathcal{D}^0|^{1/2+t} Q_2(\gamma)\|_{\mathfrak{S}_{3/2}} &\leq K_t A^2, \quad \||\mathcal{D}^0| Q_3(\gamma)\|_{\mathfrak{S}_{6/5}} \leq K_t A^3, \\ \||\mathcal{D}^0|^t \widetilde{Q}_4(\gamma) |\mathcal{D}^0|^t\|_{\mathfrak{S}_1} &\leq K_t \left(A^4 + \alpha A^5 + \alpha^2 \left(\frac{\|\rho'_\gamma\|_{\mathcal{C}}^6}{\text{dist}(0, \sigma(\mathcal{D}^0 + \alpha B))} + A^6 \right) \right). \end{aligned}$$

where $\gamma = \sum_{j=1}^{k-1} \alpha^j Q_j + \alpha^k \widetilde{Q}_k$.

Using the same method as in [4] with $D(x) := \mathcal{D}^0 + xB(\|\rho_{\gamma'}\|_{\mathcal{C}} + \|\gamma\|_S)^{-1}$ (there exists $0 < x_0 \in \mathbf{R}^+$ with $|D(x)| \geq \frac{1}{2}$, $-x_0 < x < x_0$) we obtain

Lemma 4.10. Let $0 \leq t < 1/2$, then there exists $K_t > 0$ such that

$$\begin{aligned} \||\mathcal{D}^0|^t Q_2^{\pm\pm}(\gamma) |\mathcal{D}^0|^t\|_{\mathfrak{S}_1} &\leq K_t \\ \||\mathcal{D}^0|^t Q_3^{\pm\pm}(\gamma) |\mathcal{D}^0|^t\|_{\mathfrak{S}_1} &\leq K_t \end{aligned}$$

Therefore $\gamma, \tilde{Q}_4(\gamma), Q_3(\gamma), Q_2(\gamma) \in \mathfrak{S}_1^{\mathcal{P}^0}(\mathfrak{H}_\Lambda)$ and so $Q_1(\gamma) \in \mathfrak{S}_1^{\mathcal{P}^0}(\mathfrak{H}_\Lambda)$.
Then as in (34): $\mathcal{P}_-^0(BQ_k)\mathcal{P}_-^0 = \underbrace{\mathcal{P}_-^0[B, \mathcal{P}_+^0]}_{\in \mathfrak{S}_2(\mathfrak{H}_\Lambda)} \underbrace{|\mathcal{D}^0|^{-1/2} |\mathcal{D}^0|^{1/2} Q_k^{+-}}_{\in \mathfrak{S}_2(\mathfrak{H}_\Lambda)} + \underbrace{\mathcal{P}_-^0 B |\mathcal{D}^0|^{-1}}_{\in \mathfrak{S}_6(\mathfrak{H}_\Lambda)} \underbrace{|\mathcal{D}^0| Q_k^{--}}_{\in \mathfrak{S}_1(\mathfrak{H}_\Lambda)},$

so $BQ_k(\gamma) \in \mathfrak{S}_1^{\mathcal{P}^0}(\mathfrak{H}_\Lambda)$.

Remark 4.11. As $\Lambda \rightarrow +\infty$ there holds $\langle |\mathcal{D}^0|^2 \psi_1, \psi_1 \rangle - D(n_1, n_1) = E_{\text{CP}} + o(1)$.
In fact $\psi_1 = (\phi_1, 0)^T$ where $\phi_1 = P_\Lambda \phi'_1 / \|P_\Lambda \phi'_1\|_{L^2}$ and ϕ'_1 is the minimizer of
Choquard-Pekar energy. P_Λ is the projector onto \mathfrak{H}_Λ and by so $\phi_1^{(\Lambda)} \xrightarrow[\Lambda \rightarrow +\infty]{H^1} \phi'_1$.

Then writing $n' = |\phi'_1|^2$ there holds by (22b)

$$\begin{aligned} ||n_1||_c - ||n'||_c &\leq ||n_1 - n'||_c \lesssim (\langle |\nabla| \psi_1, \psi_1 \rangle + \langle |\nabla| \phi'_1, \phi'_1 \rangle) ||\psi_1||_{L^2}^2 - ||\phi'_1||_{L^2}^2 \\ &\lesssim \langle |\nabla| \phi'_1, \phi'_1 \rangle ||\psi_1||_{L^2}^2 - ||\phi'_1||_{L^2}^2 \xrightarrow[\Lambda \rightarrow \infty]{} 0. \end{aligned}$$

4.2 Proof of Proposition 2.

Let us prove now the binding inequalities for $0 < q < 1$. According to Lieb's principle ([7]) for each q we can take minimizing sequences for $E(q)$ of the form

$$Q_{(k)} = P_{(k)} - \mathcal{P}_-^0 + q|\psi_k\rangle\langle\psi_k|, \quad Q_{(k)} \in \mathcal{Q}_\Lambda, P_k^2 = P_k, P_k \psi_k = 0, \text{Tr}_{\mathcal{P}^0}(P_k - \mathcal{P}_-^0) = 0, k \in \mathbb{N} \quad (36)$$

and we note as before $\gamma_k = P_k - \mathcal{P}_-^0, n_k = |\psi_k|^2, N_k = |\psi_k\rangle\langle\psi_k|$. We will forget to emphasize the dependence in k .

Writing $I_\gamma(N) = \alpha \Re \left(D(\rho_\gamma, n) - \iint \frac{\text{Tr}_{\mathbf{C}^4}(N(x, y)^* \gamma(x, y))}{|x - y|} dx dy \right); \mathcal{E}(Q)$ can be written:

$$\mathcal{E}(Q) = \mathcal{E}(\gamma) + q\langle \mathcal{D}^0 \psi, \psi \rangle + qI_\gamma(N) = (1 - q)\mathcal{E}(\gamma) + q\mathcal{E}(\gamma + N).$$

Taking the lim inf, we obtain

$$E(q) = \liminf_{k \rightarrow \infty} ((1 - q)\mathcal{E}(\gamma) + q\mathcal{E}(\gamma + N)) \geq (1 - q) \liminf_{k \rightarrow \infty} \mathcal{E}(\gamma) + qE(1).$$

Either $x = \liminf_{k \rightarrow \infty} \mathcal{E}(\gamma) > 0$ and $E(q) > qE(1)$ or $x = 0$. What happens in the second case? Up to the extraction of a subsequence we can assume that $\liminf \mathcal{E}(\gamma)$ is a limit. Thanks to (6) it implies $\text{Tr}(|\mathcal{D}^0| \gamma^2) + D(\rho_\gamma, \rho_\gamma) \xrightarrow[k \rightarrow \infty]{} 0$.
As $P_k \psi_k = 0$ we obtain $||\mathcal{P}_+^0 \psi||^2 = ||\psi||^2 - ||\mathcal{P}_-^0 \psi||^2 = 1 - ||\gamma \psi||^2 \rightarrow 1$ and $\langle \mathcal{D}^0 \psi, \psi \rangle = \langle |\mathcal{D}^0| \psi^+, \psi^+ \rangle + \langle |\mathcal{D}^0| \gamma \psi, \psi^- \rangle$ where $\psi^\varepsilon = \mathcal{P}_\varepsilon^0 \psi$. As \mathcal{D}^0 is bounded on \mathfrak{H}_Λ and $||\psi||_2 = 1, \liminf_{k \rightarrow \infty} \langle \mathcal{D}^0 \psi, \psi \rangle \geq m(\alpha)$, so by Cauchy-Schwartz inequality $I_\gamma(N) \rightarrow 0$ and

$$\liminf_{k \rightarrow \infty} \mathcal{E}(Q_k) = E(q) \geq \liminf_{k \rightarrow \infty} \mathcal{E}(\gamma) + q \liminf_{k \rightarrow \infty} I_\gamma(N) + q \liminf_{k \rightarrow \infty} \langle \mathcal{D}^0 \psi, \psi \rangle \geq qm(\alpha).$$

It implies $E(q) = qm(\alpha)$, but we can use the method of Section 4.1. to prove that $E(q) < qm(\alpha)$ for sufficiently small α and L in regard with q :

$$Q + \mathcal{P}_-^0 = \chi_{(-\infty, 0)} \left(\mathcal{D}^0 + \alpha (\varphi_\gamma + qn \star |\cdot|)^{-1} - \frac{\gamma(x, y) + qN(x, y)}{|x - y|} \right) + q \frac{|(1 - \pi)\psi_\lambda\rangle\langle(1 - \pi)\psi_\lambda|}{1 - ||\pi\psi_\lambda||_{L^2}^2}.$$

If we assume that $E(q) = qm(\alpha)$ once $E(1) < m(\alpha)$ has been proven, we also obtain $E(q) > qE(1)$. We thus get $E(q) + E(1 - q) > qE(1) + (1 - q)E(1) = E(1)$.

There remains the case $q > 1$. However it has been proven in [7] that for each integer N , E is concave on $[N, N + 1]$. Thus thanks to (6) there holds

$$E(q) \geq q(1 - \alpha \frac{\pi}{4})m(\alpha)$$

and it suffices that $E(2) > E(1)$ to obtain *in fine* $E(q) > E(1)$ for $q > 1$. For $\alpha < \frac{2}{\pi}$ it is therefore true and as $E(q) > 0$ for $q \neq 0$ we obtain the binding inequalities for $q > 1$ and hence for all q .

4.3 Proof of Theorem 3.

Notation 4.12.

- Let $Q = \gamma + |\psi\rangle\langle\psi|$ be the minimizer written with the notation of Section 2.
- As before $N = |\psi\rangle\langle\psi|$, $n = |\psi|^2$.
- We have $|\psi\rangle\langle\psi| = \chi_{(0,\mu]}(D_Q)$ with $D_Q := \mathcal{D}^0 + \alpha(R'_\gamma - \varphi'_\gamma)$.
- μ is chosen such that $D_Q\psi = |D_Q|\psi = \mu\psi$: $\mu \leq m(\alpha)$.
- We note $C_0^2 := \frac{2g_1'(0)^2}{(\alpha\alpha_r(0))^2 m(\alpha)}$ and $c := \frac{(g_1'(0))^2}{\alpha\alpha_r(0)m(\alpha)}$.
- As $(R(N) - \varphi_{|\psi|^2})\psi = 0$, there holds

$$(\mathcal{D}^0 + \alpha(R(\gamma) - \varphi_\gamma))\psi = \mu\psi \quad (37)$$

- We note $v_\gamma := \varphi_\gamma$, $b_\gamma := v_\gamma - R_\gamma$, $d := \mathcal{D}^0$. We remark:

$$\langle v_\gamma\psi, \psi \rangle = D(\rho_\gamma, n), \quad |\langle R_\gamma\psi, \psi \rangle| \leq \|\gamma\|_S \|n\|_C. \quad (38)$$

- We mean by $\langle g_0\psi, \psi \rangle$: $(2\pi)^{-3} \int_p g_0(p) |\widehat{\psi}(p)|^2 dp$ etc.

Remark 4.13. Throughout this section we will prove estimates more and more precise of the norms of $\psi, n, \gamma, \rho_\gamma$.

4.3.1 $\|\psi\|_{H^{3/2}} = O(1)$.

First let us prove that we can construct Q as a fixed point with the norm of [5]: it suffices to prove that $\|n\|_C, \|N\|_Q = O(1)$ and as $\|N\|_Q \lesssim \|\psi\|_{H^{3/2}}^2$ we will first prove Lemma 2.4.

Thanks to 38 and (22b) there holds

$$\langle \mathcal{D}^0\psi, \psi \rangle = \langle D_Q\psi, \psi \rangle - \alpha \langle b_\gamma\psi, \psi \rangle = \langle |D_Q|\psi, \psi \rangle + O(\alpha \sqrt{\langle |\mathcal{D}^0|\psi, \psi \rangle} (\|\gamma\|_S + \|\rho_\gamma\|_C)).$$

Thanks to C.3. and the fact that $\|N\|_S^2 - \|n\|_C^2 = 0$ there holds by Cauchy-Schwartz inequality and (22b):

$$\begin{aligned} \mathcal{E}(Q) &= \mathcal{E}(\gamma) + \langle \mathcal{D}^0\psi, \psi \rangle + \alpha \Re(D(\rho, n) - \langle \gamma, N \rangle_S) \\ &\geq (1 - K\alpha) \text{Tr}(|\mathcal{D}^0|\gamma^2) + \frac{\alpha}{2} D(\rho_\gamma, \rho_\gamma) + (1 - C_2\alpha) \langle |\mathcal{D}^0|\psi, \psi \rangle - \alpha \sqrt{\langle |\mathcal{D}^0|\psi, \psi \rangle} (\|\gamma\|_F + \|\rho_\gamma\|_C), \end{aligned}$$

as $\mathcal{E}(Q) \leq m(\alpha)$ we thus have

$$\text{Tr}(|\mathcal{D}^0|\gamma^2) + \alpha D(\rho_\gamma, \rho_\gamma) + \langle |\mathcal{D}^0|\psi, \psi \rangle = O(1). \quad (39)$$

Thanks to (37) we have

$$\langle \mathcal{D}^0\psi, \mathcal{D}^0\psi \rangle = \mu^2 \|\psi\|_{L^2}^2 - 2\alpha\mu \Re \langle b_\gamma\psi, \psi \rangle + \alpha^2 \|b_\gamma\psi\|_{L^2}^2. \quad (40)$$

Then as

$$|\langle b_\gamma\psi, f \rangle| \leq \sqrt{\frac{\pi}{2}} \|\nabla|^{1/2}\psi\|_{L^2} (\|\rho_\gamma\|_C + \|\gamma\|_S) \|f\|_{L^2},$$

by duality

$$\|b_\gamma\psi\|_{L^2} \leq \sqrt{\frac{\pi}{2}} \|\nabla|^{1/2}\psi\|_{L^2} (\|\rho_\gamma\|_C + \|\gamma\|_S). \quad (41)$$

Furthermore

$$\begin{aligned} \alpha \langle v_\gamma\psi, \psi \rangle &= \alpha D(\rho_\gamma, n) = O(\sqrt{\alpha \|\nabla\psi\|_{L^2}}), & \alpha^2 |\langle v_\gamma\psi, v_\gamma\psi \rangle| &\lesssim \alpha(\alpha \|\rho_\gamma\|_C^2) \langle |\nabla|\psi, \psi \rangle, \\ |\langle R_\gamma\psi, \psi \rangle| &\leq \|\gamma\|_S \|n\|_C = O(1), & |\langle R_\gamma\psi, R_\gamma\psi \rangle| &\lesssim \|\gamma\|_S^2 \langle |\nabla|\psi, \psi \rangle \end{aligned}$$

while there holds thanks to Proposition 5.

$$|\langle (g_0^2 - g_0(0)^2)\psi, \psi \rangle| \leq K\alpha \langle |\nabla|^2 \psi, \psi \rangle.$$

Thus $\|\psi\|_{H^1} = O(1)$ and

$$\langle g_1^2 \psi, \psi \rangle \lesssim \alpha^{2/3} \quad (42)$$

In particular there holds $\|\psi\|_{L^4} \lesssim \|\widehat{\psi}\|_{L^{4/3}} \lesssim \|\psi\|_{H^1}$ and $\|n\|_{L^2} = O(1)$. Moreover there holds $D(n, n) \leq \frac{\pi}{2} \langle |\nabla| \psi, \psi \rangle$ such that $\|n\|_{\mathfrak{C}} = O(1)$.

Then by (37) we have $|d|^2 \psi = \mu d\psi - \alpha db_\gamma \psi$ such that

$$\langle |d|^3 \psi, \psi \rangle = \mu \langle |d| d\psi, \psi \rangle + \alpha \langle |d|^{1/2} (R_\gamma - v_\gamma) |d|^{-3/2} |d|^{3/2} \psi, |d|^{1/2} \psi \rangle.$$

Then thanks to (23b) and C.2., writing

$$|d|^{1/2} b_\gamma |d|^{-3/2} = [|d|^{1/2}, b_\gamma] |d|^{-3/2} + b_\gamma |d|^{-1}$$

we get $\| |d|^{1/2} b_\gamma |d|^{-3/2} \|_{\mathcal{B}} \lesssim (\|\gamma\|_S + \|\rho_\gamma\|_C) + \sqrt{\iint \widetilde{E}(p-q) \widetilde{E}(p+q) |\widehat{\gamma}(p, q)|^2 dp dq}$.

Thanks to Remark 3.2 and the fact that

$$\int \frac{\widetilde{E}(p)}{|p|^2} |\widehat{n}(p)|^2 dp, \quad \iint \widetilde{E}(p-q) \widetilde{E}(p+q) |\widehat{N}(p, q)|^2 dp dq \lesssim 1,$$

we can apply the fixed point method *with the choice of norms*

$$\star \|q_0\|_{\mathcal{Q}}^2 := \iint \widetilde{E}(p-q) \widetilde{E}(p+q) |\widehat{q_0}(p, q)|^2 dp dq, \text{ etc.}$$

and construct this minimizer as a fixed point with these norms. In the same way as in Appendix B we get that $\star \|\gamma\|_{\mathcal{Q}} \lesssim 1$: we obtain $\langle |d|^3 \psi, \psi \rangle = O(1)$. Therefore we can apply the fixed point method with the norm of [5]: $\|\cdot\|_{\mathcal{Q}}, \|\cdot\|_{\mathfrak{C}}$ etc.

4.3.2 $\langle |\nabla|^2 \psi, \psi \rangle = O((\alpha \alpha_r(0))^2)$.

We note $x = (\langle g_1^2 \psi, \psi \rangle)^{1/4}$. Thanks to (69), (70a) and B.3 (that gives $\|\rho_{1,0}(N)\|_C, \|n\|_{L^2} \lesssim (\alpha^{1/3})^{3/2} = \alpha^{1/2}$ with (42)), there holds

$$\|\rho_\gamma\|_C \lesssim \alpha^{3/2} + (L\alpha)^{3/2} + Lx + \alpha \sqrt{L\alpha} x^2 \quad (43a)$$

$$\|\gamma\|_S \lesssim L\alpha + \sqrt{L\alpha} x + \alpha x^2. \quad (43b)$$

Thus going back to (40) we have (cf 5. for $\|g_0''\|_\infty$)

$$\begin{aligned} \langle d^2 \psi, \psi \rangle &= x^4 + m(\alpha)^2 + \langle 2g_0 g_0'' |\nabla|^2 \psi, \psi \rangle = x^4 + m(\alpha) + O(\alpha x^4) \\ \alpha |\langle b_\gamma \psi, \psi \rangle| + \alpha^2 \|b_\gamma \psi\|_{L^2}^2 &\leq K_1 \alpha^{5/2} x + K_2 L \alpha x^2 + K_3 \alpha^2 x^3 + K_4 (L\alpha)^2 x^4 + K_6 \alpha^4 x^6 \\ \mu^2 \|\psi\|_{L^2}^2 &\leq m(\alpha)^2. \end{aligned}$$

As $x = O(\alpha^{1/6})$, $\alpha^4 x^6 = O(\alpha^5) = O((L\alpha)^2)$, therefore

$$x^4 \leq k_0 c^{-2} + k_1 \alpha^{5/2} x + k_2 (L\alpha) x^2 + k_3 \alpha^2 x^3. \quad (44)$$

Finally

$$x \leq k_0^{1/4} c^{-1/2} + k_1^{1/3} \alpha^{5/6} + k_2^{1/2} (L\alpha)^{1/2} + k_3 \alpha^2 \lesssim (L\alpha)^{1/2} + \alpha^{5/6}, \quad (45)$$

and there holds $x^4 \leq K(L\alpha)^2 = O(c^{-2})$ provided that

$$\alpha^{5/3} = O(L\alpha) \Leftrightarrow \alpha \log(\Lambda)^3 \geq K > 0.$$

Thus the same estimates as for the test function hold for the minimizer:

$$\left. \begin{aligned} \|\gamma\|_{\mathcal{Q}} &\lesssim \alpha, & \|\rho_\gamma\|_{\mathfrak{C}} &\lesssim L\sqrt{L\alpha}, \\ \|\gamma\|_E &\lesssim L\alpha, & \|\rho_\gamma\|_C &\lesssim L\sqrt{L\alpha} \end{aligned} \right\}$$

where for $\|\rho_\gamma\|_C, \|\rho_\gamma\|_{\mathfrak{C}}$ we use now $\|\rho_{1,0}(N)\|_C^2 \lesssim c^{-3}$ by B.3.

4.3.3 The spinor ψ .

Remark 4.14. We follow now the path of [7] and [3].

We consider the problem associated with $E_{c=1,\alpha,\Lambda}$. As in [7] we note

$$U_c^* : \begin{array}{ccc} \mathfrak{H}_\Lambda & \rightarrow & \mathfrak{H}_{c\Lambda} \\ \phi & \mapsto & c^{3/2}\phi(c(\cdot)), \end{array}$$

and so $U_c\phi(x) = c^{-3/2}\phi(x/c)$.

There holds a scaling correspondence between $(1, \alpha, \Lambda)$ and $(c, c\alpha, c\Lambda)$:

$$E_{c,c\alpha,c\Lambda}(U_c^*QU_c) = c^2E_{1,\alpha,\Lambda}(Q).$$

To distinguish the objects of $(c, c\alpha, c\Lambda)$ we underline them:

$$\begin{array}{l} \underline{\psi}(x) = U_c^*\psi(x) = c^{3/2}\psi(cx), \\ \underline{\gamma}(x, y) = U_c^*\gamma U_c(x, y) = c^3\gamma(cx, cy), \\ \rho_{\underline{\gamma}}(x) = c^3\rho_\gamma(cx), \underline{v} = \rho_\gamma \star |\cdot|^{-1}, \\ \underline{R}(x, y) = \underline{\gamma}(x, y)|x - y|^{-1}, \end{array} \quad \left| \begin{array}{l} \underline{\mathcal{D}}^0 = c^2 U_c^* \mathcal{D}^0 U_c = \underline{m}c^2\beta + cT, \\ \underline{m} = g_0(-i\nabla/c), \\ T = cg_1(-i\nabla/c)\alpha \cdot \frac{-i\nabla}{|\nabla|}, \\ D = cg_1(-i\nabla/c)\sigma \cdot \frac{-i\nabla}{|\nabla|}. \end{array} \right.$$

There holds $|\nabla| \leq |D| \leq C_1|\nabla|$ and

$$\left\{ \begin{array}{l} \|\underline{\gamma}\|_S = \sqrt{c}\|\gamma\|_S, \\ \|\rho_{\underline{\gamma}}\|_c = \sqrt{c}\|\rho_\gamma\|_c \end{array} \right. \quad \text{so} \quad \left\{ \begin{array}{l} \| |D^0|^{-1/2} \underline{R} \|_{\mathcal{B}} \lesssim \|\gamma\|_S = \sqrt{c}\|\gamma\|_S \text{ etc.} \\ \| |D^0|^{-1} \underline{v} \|_{\mathfrak{S}_6} \lesssim \|\rho_\gamma\|_c = \sqrt{c}\|\rho_\gamma\|_c \text{ etc.} \end{array} \right.$$

We have shown $\langle g_1^2\psi, \psi \rangle = O((L\alpha)^2)$, so *choosing* $c := \frac{g_1'(0)^2}{\alpha\alpha_r(0)}$, $\underline{\psi}$ has finite H^1 norm.

Remark 4.15. Here the constant of scaling c corresponds to λ of the test function.

Moreover thanks to (37) it satisfies

$$\underline{m}c^2\beta\underline{\psi} + cT\underline{\psi} + \alpha c(\underline{v} - \underline{R})\underline{\psi} = \mu c^2\underline{\psi}. \quad (46)$$

Considering the upper part φ and the lower part χ of ψ :

$$\underline{m}c^2\underline{\varphi} + cD\underline{\chi} + \alpha c\underline{v}\underline{\varphi} - \alpha c(\underline{R}\underline{\psi})_1 = \mu c^2\underline{\varphi} \quad (47a)$$

$$- \underline{m}c^2\underline{\chi} + cD\underline{\varphi} + \alpha c\underline{v}\underline{\chi} - \alpha c(\underline{R}\underline{\psi})_2 = \mu c^2\underline{\chi} \quad (47b)$$

From (47b) we obtain

$$\underline{\chi} = \frac{D\underline{\varphi}}{\underline{m}c + \mu c} + \frac{\alpha}{\underline{m}c + \mu c}((\underline{R}\underline{\psi})_2 - \underline{v}\underline{\chi}).$$

We take the L^2 -norm:

$$\|\underline{\chi}\|_{L^2} \lesssim \frac{\|\underline{\psi}\|_{H^1}}{c} + \frac{\alpha}{\sqrt{c}}(\|\rho_\gamma\|_c + \|\gamma\|_S) \lesssim \frac{1}{c} + \frac{\alpha L \sqrt{L\alpha}}{\sqrt{c}} + \frac{\alpha L \alpha}{\sqrt{c}} \lesssim \frac{1}{c}.$$

In particular the lower part χ tends to 0 in $L^2(\mathfrak{H})$ at speed c^{-1} .

As T exchanges upper and lower spinors, by Cauchy-Schwarz inequality:

$$\begin{aligned} \langle \mathcal{D}^0\psi, \psi \rangle &= \langle g_0\varphi, \varphi \rangle - \langle g_0\chi, \chi \rangle + 2\Re(\langle g_1\sigma \cdot \frac{-i\nabla}{|\nabla|}\varphi, \chi \rangle) \\ &= m(\alpha)\|\varphi\|_2^2 + O(c^{-2}) \\ &= m(\alpha) + O(c^{-2}). \end{aligned}$$

It enables us to estimate

$$\mu = m(\alpha) + O(c^{-2}) \text{ and } E(1) = \mathcal{E}(\gamma') = m(\alpha) + O(c^{-2}). \quad (48)$$

From (47a) we obtain

$$D\underline{\chi} = \frac{(\mu c^2 - \underline{m}c^2)\underline{\varphi}}{c} + \alpha[(\underline{R}\psi)_1 - \underline{V}\underline{\varphi}].$$

As $\mu = m(\alpha) + O(c^{-2})$, its L^2 -norm has the following upper bound:

$$\|D\underline{\chi}\|_{L^2} \lesssim \alpha + \alpha\sqrt{c}(L\alpha + L\sqrt{L\alpha}) \lesssim \alpha,$$

writing $Y^2 = \langle g_1^3\psi, \psi \rangle$, we get the middle estimates

$$\|\underline{\chi}\|_{H^1} \lesssim \alpha \quad (49a)$$

$$\|\underline{\chi}\|_{H^1} \lesssim (\alpha Y + c^{-1}) + L\alpha. \quad (49b)$$

Indeed writing $\mu = m(\alpha) + \delta m$, $c^2 \times \frac{\delta m}{c} \underline{\varphi}$ has L^2 -norm lesser than Kc^{-1} . Then:

$$\left| g_0(p/c) - g_0(0) \right| = \begin{cases} \left| \int_0^1 g'_0(tp/c) dt \frac{|p|}{c} \right| & \leq K\alpha \frac{|p|}{c} \\ \left| \int_0^1 g''_0(tp/c)(1-t) dt \frac{|p|^2}{c^2} \right| & \leq K\alpha \frac{|p|^2}{c^2} \end{cases}.$$

In particular

$$\langle g_1\chi, \chi \rangle \leq \sqrt{\langle \chi, \chi \rangle \langle g_1^2\chi, \chi \rangle} = O(c^{-1} \times (\alpha Y + c^{-1})c^{-1}) = O(\alpha Y c^{-2} + c^{-3}) \quad (50)$$

and there also holds the middle estimate: $\|\chi\|_{H^1} \lesssim c^{-1} + \alpha c^{-1}$.

$$\mathbf{4.3.4} \quad \|U_c^*\psi\|_{H^{3/2}} = O(1).$$

As before:

$$|d|^{1/2}R_\gamma\psi = [|d|^{1/2}, R_\gamma]|d|^{-1}|d|\psi + R_\gamma|d|^{1/2}\psi,$$

and thanks to (23b)

$$\| [|d|^{1/2}, R_\gamma]|d|^{-1} \|^2_{\mathfrak{S}_2} \lesssim \iint \tilde{E}(p-q) \tilde{E}(p+q) |\hat{\gamma}(p,q)|^2 dp dq \lesssim c^{-2}.$$

Thanks to (50) there holds (with $Y^2 = \langle g_1^3\psi, \psi \rangle$):

$$\left| \mu \langle g_1\alpha \cdot \frac{-i\nabla}{|i\nabla|} \psi, |\nabla|\psi \rangle \right| \lesssim \| |\nabla|^{3/2}\varphi \|_{L^2} \| |\nabla|^{1/2}\chi \|_{L^2} = O(Yc^{-3/2} + Y^{3/2}\sqrt{\alpha}c^{-1}).$$

Then:

$$\begin{aligned} \langle g_0^2\psi, \psi \rangle &= m(\alpha)^2 + 2(2\pi)^{-3} \int_p \left(\int_{t=0}^1 (1-t)g_0(tp)g''_0(tp)dt \right) |p|^3 |\hat{\psi}(p)|^2 dp \\ &= m(\alpha)^2 + K\alpha Y^2, \\ \langle g_0\beta\psi, |\nabla|\psi \rangle &= (2\pi)^{-3} \left(\int_p g_0(p)|p| |\hat{\psi}(p)|^2 dp - 2 \int_p g_0(p)|p| |\hat{\chi}(p)|^2 dp \right) \\ &= \langle g_0\psi, |\nabla|\psi \rangle + O(\alpha Y c^{-2} + c^{-3}) \\ &= m(\alpha) \langle |\nabla|\psi, \psi \rangle + O(\alpha Y^2 + \alpha Y c^{-2} + c^{-3}), \\ \langle \mathcal{D}^0\psi, |\nabla|\psi \rangle &= \langle g_0\beta\psi, |\nabla|\psi \rangle + 2\Re(\langle g_1\sigma \cdot \frac{-i\nabla}{|i\nabla|} \varphi, |\nabla|\chi \rangle) \\ &= m(\alpha) \langle |\nabla|\psi, \psi \rangle + O(\alpha Y^2 + \alpha Y c^{-2} + c^{-3} + Yc^{-3/2} + Y^{3/2}\sqrt{\alpha}c^{-1}), \\ \mu \langle \mathcal{D}^0\psi, |\nabla|\psi \rangle &= m(\alpha)^2 \langle |\nabla|\psi, \psi \rangle + O(\alpha Y^2 + Y^{3/2}\sqrt{\alpha}c^{-1} + Yc^{-3/2} + c^{-3}). \end{aligned}$$

We write down $S = g_1(-i\nabla)\sigma \cdot \frac{-i\nabla}{|i\nabla|}$.

With the same method as in C.2:

$$\left\| [| \nabla |, v] |d|^{-3/2} \right\|_{\mathcal{B}}, \left\| [| \nabla |^{1/2}, v] |d|^{-1} \right\|_{\mathcal{B}}, \left\| v |d|^{-1/2} \right\|_{\mathcal{B}} \lesssim \|\rho_\gamma\| c \sqrt{\log(\Lambda)}.$$

$$\begin{aligned}
|\langle R_\gamma \psi, S|\nabla|\psi \rangle| &\leq |\langle [|\nabla|^{1/2}, R_\gamma] |d|^{-1} |d|\psi, S|\nabla|^{1/2}\psi \rangle| + |\langle R_\gamma |\nabla|^{1/2}\psi, S|\nabla|^{1/2}\psi \rangle| \\
&\lesssim Y \|\gamma\|_S (1 + \underbrace{\langle |\nabla| |d|\psi, \psi \rangle}_{\text{from } \|\langle R_\gamma |\nabla|^{1/2}\psi \rangle\|}), \\
|\langle S v_\gamma \varphi, |\nabla|\chi \rangle| &\leq 3C_1 |\langle |\nabla| v_\gamma \varphi, |\nabla|\chi \rangle| \\
&\leq 3C_1 |\langle [|\nabla|, v_\gamma] |d|^{-3/2} |d|^{3/2} \varphi, |\nabla|\chi \rangle| + 3C_1 |\langle v_\gamma |d|^{-1/2} |d|^{1/2} |\nabla|\varphi, |\nabla|\chi \rangle| \\
&\lesssim \alpha c^{-1} \sqrt{\log(\Lambda)} \|\rho_\gamma\|_c Y = KL(L\alpha)^2 Y, \\
|\langle S v_\gamma \chi, |\nabla|\varphi \rangle| &\lesssim |\langle |\nabla|^{1/2} v_\gamma \chi, |\nabla|^{3/2} \varphi \rangle| \\
&\lesssim |\langle [|\nabla|^{1/2}, v_\gamma] |d|^{-1} |d|\chi, |\nabla|^{3/2} \varphi \rangle| + |\langle v_\gamma |d|^{-1/2} |d|^{1/2} |\nabla|^{1/2} \chi, |\nabla|^{3/2} \varphi \rangle| \\
&\lesssim Y \sqrt{\log(\Lambda)} \|\rho_\gamma\|_c \times \| |d|\chi \|_{L^2} \lesssim Y \sqrt{\log(\Lambda)} L \sqrt{L\alpha} (\alpha c^{-1} + c^{-1}), \\
|\langle v_\gamma \varphi, |\nabla|\varphi \rangle| &= \left| \iint \frac{(|\nabla|\varphi)^*(x) \varphi(x) \rho(y)}{|x-y|} dx dy \right| \leq Y^2 \|\rho_\gamma\|_c \quad \text{etc.} \\
|\langle R_\gamma \varphi, |\nabla|\varphi \rangle| &= \left| \iint \frac{(|\nabla|\varphi)^*(x) \gamma(x, y) \varphi(y)}{|x-y|} dx dy \right| \leq Y^2 \|\gamma\|_S \quad \text{etc.}
\end{aligned}$$

Therefore : $Y^2(1 - K\alpha) \leq K_0 c^{-3} + K_1(L\alpha^2)Y + K_3 \sqrt{\alpha} c^{-1} Y^{3/2}$.

As $L\alpha^2 = \underset{\Lambda \rightarrow +\infty}{o}((L\alpha)^{3/2})$, we deduce $\langle |\nabla|^3 \psi, \psi \rangle = O(c^{-3})$ and so

$$\|\psi\|_{H^{3/2}} = O(1).$$

We now improve (49a) as written before:

$$\begin{aligned}
g_0(p/c) - g_0(0) &= \int_0^1 g'_0(tp/c) \frac{|p|}{c} dt = \int_0^1 (1-t) g''_0(tp/c) \frac{|p|^2}{c^2} dt \\
|g_0(p/c) - g_0(0)|^2 &= \left| \int_0^1 g'_0(tp/c) dt \int_0^1 (1-u) g''_0(up/c) du \right| \frac{|p|^3}{c^3},
\end{aligned}$$

and therefore

$$\|(m(\alpha) - \underline{m})c\psi\|_{L^2} \leq K \sqrt{\frac{\|g'_0\|_\infty \|g''_0\|_\infty}{c}} = K\alpha \sqrt{L\alpha} = o(c^{-1}). \quad (51)$$

So

$$\|\underline{\chi}\|_{H^1} = O(c^{-1}) \text{ and } \| |\nabla|\chi \|_{H^1} = O(c^{-2}). \quad (52)$$

4.3.5 Estimation of $E(1)$.

Thanks to (47b)

$$\chi = \frac{S\varphi}{g_0 + \mu} + \alpha \frac{(R_\gamma \psi)_2 - v_\gamma \chi}{g_0 + \mu} = \frac{S\varphi}{g_0 + \mu} + \delta\chi,$$

where the remainder $\delta\chi$ has L^2 -norm lesser than $K\alpha L\sqrt{L\alpha} = o(c^{-1})$. Thus as $\|g_1\psi\|_{L^2} = O(c^{-1})$, thanks to 5. we have the following asymptotic expansion:

$$\begin{aligned}
E(1) + \frac{\alpha \alpha_r(0)}{2c} D(\underline{n}, \underline{n}) &= \langle g_0 \varphi, \varphi \rangle - \langle g_0 \frac{S}{g_0 + \mu} \varphi, \frac{S}{g_0 + \mu} \varphi \rangle + 2\Re \langle \frac{S}{g_0 + \mu} \varphi, S\varphi \rangle + o(c^{-2}) \\
&= m(\alpha) (1 - 2 \langle \frac{g_1^2}{(g_0 + \mu)^2} \varphi, \varphi \rangle) + 2 \langle \frac{g_1^2}{g_0 + \mu} \varphi, \varphi \rangle + o(c^{-2}) \\
&= m(\alpha) - \langle \frac{g_1^2}{2m(\alpha)} \varphi, \varphi \rangle + \langle \frac{g_1^2}{m(\alpha)} \varphi, \varphi \rangle + o(c^{-2}) \\
&= m(\alpha) + \frac{1}{2m(\alpha)} \langle g_1^2 \varphi, \varphi \rangle + o(c^{-2}) \\
&= m(\alpha) + \frac{1}{2m(\alpha)} \langle g_1^2 \psi, \psi \rangle + o(c^{-2}),
\end{aligned}$$

where to deal with g_0 we use $\langle |\nabla|^3 \varphi, \varphi \rangle = O(c^{-3})$ and $|g'_0| = O(\alpha)$ and treat the $((g_0 + \mu)^{-1})$'s one after the other. For the last line we use the fact that $\langle |\nabla|^2 \chi, \chi \rangle = O(c^{-3})$.

Writing with $\underline{\psi}$:

$$C_0^2(E(1)-m(\alpha)) = \frac{1}{(g_1'(0))^2(2\pi)^3} \int c^2 g_1 \left(\frac{p}{c}\right)^2 |\widehat{\underline{\psi}}(p)|^2 dp - \iint \frac{|\psi(x)|^2 |\psi(y)|^2}{|x-y|} dx dy + o(1). \quad (53)$$

We recall (cf 6.) the $(g_1')_{\alpha,\Lambda}$'s are *uniformly* continuous in a neighbourhood of 0; cutting in Fourier space at level $|p| = \sqrt{c}$ there holds

$$\begin{aligned} \int_{|p| \leq \sqrt{c}} c^2 g_1(p/c)^2 |\widehat{\underline{\psi}}(p)|^2 dp &= \int_{|p| \leq \sqrt{c}} g_1'(0)^2 |p|^2 |\widehat{\underline{\psi}}(p)|^2 dp + \int_{|p| \leq \sqrt{c}} \left(\int_{t=0}^1 (g_1'(tp/c) - g_1'(0)) dt \right)^2 |p|^2 |\widehat{\underline{\psi}}(p)|^2 dp \\ &\quad + 2g_1'(0) \int_{|p| \leq \sqrt{c}} \left(\int_{t=0}^1 (g_1'(tp/c) - g_1'(0)) dt \right) |p|^2 |\widehat{\underline{\psi}}(p)|^2 dp \\ &= \int_{|p| \leq \sqrt{c}} g_1'(0)^2 |p|^2 |\widehat{\underline{\psi}}(p)|^2 dp + O \left(\sup_{|q| \leq c^{-1/2}} \{ |g_1'(q) - g_1'(0)| \} \| |\nabla| \underline{\psi} \|^2 \right) \\ &= \int_{|p| \leq \sqrt{c}} g_1'(0)^2 |p|^2 |\widehat{\underline{\psi}}(p)|^2 dp + o_{c \rightarrow +\infty}(1). \end{aligned}$$

Moreover:

$$\begin{aligned} \int_{|p| \geq \sqrt{c}} c^2 g_1(p/c)^2 |\widehat{\underline{\psi}}(p)|^2 dp &\lesssim \int_{|p| \geq \sqrt{c}} \frac{|p|^3}{|p|} |\widehat{\underline{\psi}}(p)|^2 dp \\ &\lesssim \frac{1}{\sqrt{c}} \langle |\nabla|^3 \underline{\psi}, \underline{\psi} \rangle \lesssim c^{-1/2} \xrightarrow{c \rightarrow +\infty} 0. \end{aligned}$$

Thus

$$\frac{1}{(g_1'(0))^2} \langle c^2 g_1^2(\cdot/c) \underline{\psi}, \underline{\psi} \rangle - D(\underline{n}, \underline{n}) = \langle |\nabla|^2 \underline{\psi}, \underline{\psi} \rangle - D(\underline{n}, \underline{n}) + o(1),$$

By unicity of the asymptotic expansion and by definition of E_{CP} we thus have

$$E(1) = m(\alpha) + C_0^{-2} E_{\text{CP}} + o((\alpha \alpha_r(0))^2). \quad (54)$$

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Appendices

A The operator \mathcal{D}^0

A.1 The functions g_0 and g_1

As established in [8], \mathcal{D}^0 is solution of the following equation in the Fourier space

$$\widehat{\mathcal{D}^0} = \widehat{D^0} + \frac{\alpha}{4\pi^2} \frac{\widehat{\mathcal{D}^0}}{|\cdot|^2} \star \frac{1}{|\cdot|^2} \quad \text{in } \mathcal{B}(B(0, \Lambda), \text{End}(\mathbf{C}^4)) \quad (55)$$

and by a bootstrap argument $\widehat{\mathcal{D}^0} \in \cap_{m \geq 1} H^m(\overline{B(0, \Lambda)})$. With the notation of 1.1. it shows that g_0, \mathbf{g}_1 are smooth while $g_1(p) = \mathbf{g}_1(p) \cdot \omega_p$ is *a priori* $\mathcal{C}^\infty(B(0, \Lambda) \setminus \{0\})$ and there holds

$$g_0(|p|) = 1 + \frac{\alpha}{4\pi^2} \int_{|r| < \Lambda} dr \frac{1}{|p-r|^2} \frac{g_0(|r|)}{\sqrt{g_1(|r|)^2 + g_0(|r|)^2}}, \quad (56a)$$

$$g_1(|p|) = |p| + \frac{\alpha}{4\pi^2} \int_{|r| < \Lambda} dr \frac{\omega_p \cdot \omega_r}{|p-r|^2} \frac{g_1(|r|)}{\sqrt{g_1(|r|)^2 + g_0(|r|)^2}}. \quad (56b)$$

Remark A.1. We recall here that $C_1 > 0$ is a constant such that $g_1(r) \leq C_1 r$ and $|g_0|_\infty \leq C_1$.

Let us show first that

Proposition 5. $g_1 \in \mathcal{C}^1([0, \Lambda], \mathbf{R})$ and $g'_0(0) = 0$.

Moreover writing $\|d^2 g_1\|_\star = \sup_{0 < |p| \leq \Lambda} \| |p| d^2 g_1(p) \|$ we have

$$\begin{cases} \|g'_0\|_\infty = O(\alpha) \\ \|g'_1\|_\infty = O(1) \end{cases} \quad \text{and} \quad \begin{cases} \|g''_0\|_\infty = O(\alpha) \\ \|d^2 g_1\|_\star = O(1) \end{cases}.$$

In fact it suffices to differentiate (55) to get $g'_0(p), g'_1(p)$ and then taking the norm to obtain the first part; then we differentiate once more to get the second part.

A.1.1 Proof of 5: part 1.

We can define $dg_1(p)$ for $p \neq 0$. First we have

$$dg_0(p)h = \frac{\alpha}{4\pi^2} \int \frac{dq}{|p-q|^2} \left(\frac{dg_0(q)h}{\tilde{E}(q)} - \frac{g_0(q)dg_0(q)h + g_1(q)dg_1(q)h}{\tilde{E}(q)^2} \frac{g_0(q)}{\tilde{E}(q)} \right).$$

We remark that for $p \neq 0$ we have:

$$\begin{cases} dg_1(p)h = g'_1(|p|)\langle \omega_p, h \rangle \\ \langle dg_1(p) \cdot \omega_p, \omega_p \rangle = g'_1(|p|). \end{cases}$$

Then

$$dg_1(p) \cdot h = h + \frac{\alpha}{4\pi^2} \int \frac{dq}{|p-q|^2} \left(\frac{dg_1(q) \cdot h}{\tilde{E}(q)} - \frac{g_0(q)dg_0(q)h + g_1(q)dg_1(q)h}{\tilde{E}(q)^2} \frac{g_1(q)}{\tilde{E}(q)} \right),$$

so that for any $\omega \in \mathbf{S}^2$:

$$\begin{aligned} g'_1(x) &= 1 + \frac{\alpha}{4\pi^2} \int_{|q| \leq \Lambda} \frac{dq}{|x\omega - q|^2} \left(\left(\frac{g_1(q)}{|q|} (1 - \langle \omega, \omega_q \rangle^2) + g'_1(q) \langle \omega_q, \omega \rangle^2 (1 - \frac{g_1^2(q)}{\tilde{E}(q)^2}) \right) \frac{1}{\tilde{E}(q)} \right. \\ &\quad \left. - \frac{g_1(q)}{\tilde{E}(q)} \frac{\langle \omega, \omega_q \rangle^2}{\tilde{E}(q)} \frac{g_0(q)g'_0(q)}{\tilde{E}(q)} \right). \end{aligned}$$

The regularity of g_1 (as a function of \mathbf{R}^+) will come from the continuous extension to $x = 0$ of the formula above.

We have

$$|g'_0(|p|)| \leq \frac{\alpha}{4\pi^2} \int \frac{dq}{|p-q|^2} \left(\frac{|g'_0|_\infty}{\tilde{E}(q)} + |g_0|_\infty \frac{|g'_0|_\infty + |g'_1|_\infty}{\tilde{E}(q)^2} \right) \quad (57a)$$

$$|g'_1(|p|)| \leq 1 + \frac{\alpha}{4\pi^2} \int \frac{dq}{|p-q|^2} \left(\frac{|g'_1|_\infty}{\tilde{E}(q)} + \frac{|g'_0|_\infty + |g'_1|_\infty}{\tilde{E}(q)} \right). \quad (57b)$$

Thus

$$\begin{cases} |g'_0|_\infty \leq K_1 \alpha \log(\Lambda) |g'_0|_\infty + K_2 \alpha |g'_1|_\infty \\ |g'_1|_\infty \leq 1 + K_3 \alpha \log(\Lambda) (|g'_0|_\infty + |g'_1|_\infty) \end{cases}$$

and $|g'_0|_\infty \lesssim \alpha$, $|g'_1|_\infty \leq 1 + K \alpha \log(\Lambda)$.

Remark A.2. In particular we get $g'_1(0) = 1 + O(L) > 0$ for L sufficiently small.

Since $g_0 \in \mathcal{C}^\infty(B(0, \Lambda), \mathbf{R})$ and radial, necessarily

$$dg_0(0) = 0 \text{ and } g'_0(0) = dg_0(0)\omega = 0, \forall \omega \in \mathbf{S}^2.$$

A.1.2 Proof of 5: part 2.

Let us now calculate $d^2\mathcal{D}^0$. We note $h_* = \frac{g_*}{E(\cdot)}$ and $j = \tilde{E}(\cdot)^{-1}$: the coefficient of β in $d^2\mathcal{D}^0(p)h^2$ is

$$d^2g_0(p)h^2 = \frac{\alpha}{4\pi^2} \int_q \frac{dq}{|p-q|^2} d^2h_0(q)h^2,$$

where

$$\begin{aligned} d^2h_0(q)h^2 &= \frac{d^2g_0(p) \cdot h^2}{\tilde{E}(q)} - \frac{2}{\tilde{E}(q)^3} dg_0(q)h [g_0(q)dg_0(q)h + g_1(q)dg_1(q)h] \\ &\quad - \frac{g_0(q)}{\tilde{E}(q)^3} [(dg_0(q)h)^2 + g_0(q)d^2g_0(q)h^2 + (dg_1(q)h)^2 + g_1(q)d^2g_1(q)h^2] \\ &\quad + 3 \frac{g_0(q)}{\tilde{E}(q)^5} [g_0(q)dg_0(q)h + g_1(q)dg_1(q)h]^2. \end{aligned}$$

Furthermore, there holds

$$d^2 \mathbf{g}_1(p) h^2 = \frac{\alpha}{4\pi^2} \int \frac{dq}{|p-q|^2} \left(\frac{d^2 \mathbf{g}_1(q) h^2}{\tilde{E}(q)} + 2d\mathbf{g}_1(q) h dj(q) h + \mathbf{g}_1(q) d^2 j(q) h^2 \right)$$

and taking the scalar product with ω_p we get

$$\begin{aligned} |p| |d^2 g_1(p)| &\leq C_1 + \frac{\alpha}{4\pi^2} \int \frac{|p| dq}{|p-q|^2 |q| E(q)} \|d^2 g_1\|_* + \frac{\alpha}{4\pi^2} \int \frac{|p| dq}{|p-q|^2 E(q)^2} \|d^2 g_1\|_* \\ &\quad + \frac{\alpha}{4\pi^2} \int_q \frac{|p| dq}{|p-q|^2} \left(\frac{1}{E(q)^2} (|dg_0|^2 + |dg_1|^2) + \frac{g_0(q)}{E(q)^2} |d^2 g_0| + \frac{3}{E(q)^2} (|dg_0| + |dg_1|)^2 \right. \\ &\quad \left. + 2(|dg_1| + C_1) \frac{|dg_0| + |dg_1|}{E(q)^2} + \frac{1}{E(q)} \frac{2|dg_1| + 4C_1}{|q|} \right), \end{aligned}$$

as there holds $\langle |p| d^2 \mathbf{g}_1(p) h^2, \omega_p \rangle = |p| d^2 g_1^p \cdot h^2 + \frac{g_1(p)}{|p|} (\langle \omega_p, h \rangle^2 - \|h\|^2)$.

Analogously there holds

$$\begin{aligned} |d^2 g_0(p)| &\leq \frac{\alpha}{4\pi^2} \left(\int \frac{C_1 dq}{E(q)^2 |p-q|^2} \|d^2 g_1\|_* \right. \\ &\quad \left. \int_q \frac{dq}{|p-q|^2} \left(\frac{|d^2 g_0|}{E(q)} + 2 \frac{|dg_0| (|dg_0| + |dg_1|)}{E(q)^2} + \frac{g_0(q)}{E(q)} \frac{|dg_0|^2 + |dg_1|^2}{E(q)^2} \right. \right. \\ &\quad \left. \left. + \frac{g_0(q)^2 |d^2 g_0|}{E(q)^2} + 3 \frac{g_0(q)}{E(q)} \frac{(|dg_0| + |dg_1|)^2}{E(q)^2} \right) \right). \end{aligned}$$

As $\frac{|p|}{|p-q|^2 |q|} \leq 2 \max(\frac{1}{|p-q| |q|}, \frac{1}{|p-q|^2})$, there holds

$$\int_{|q| \leq \Lambda} \frac{dq |p|}{|p-q|^2 |q| E(q)} \leq 2 \left(\int_{|q| \leq \Lambda} \frac{dq}{|p-q| |q| E(q)} + \int_{|q| \leq \Lambda} \frac{dq}{|p-q| E(q)} \right),$$

we recall then that the convolution of radial nonnegative functions is radial non-negative. Hence we obtain

$$\begin{cases} \|g_0''\|_\infty \leq K\alpha \\ \|d^2 g_1\|_* \leq C_1 + K\alpha \log(\Lambda) \end{cases}$$

A.1.3 Variations of $d\mathbf{g}_1$.

Then we can show that for $p, q \in \mathbf{R}^3 \cap B(0, \Lambda)$

$$\int_{|l| < \Lambda} |p-l|^{-1} - |q-l|^{-1} \left| \frac{dl}{\tilde{E}(l)} \right| \leq 8\pi |p-q| \int_{r=-\Lambda}^{\Lambda} \frac{dr}{\sqrt{1+r^2}} \lesssim \log(\Lambda) |p-q| \quad (58)$$

so

Proposition 6. The function

$$d\mathbf{g}_1(p) = \text{id} + \frac{\alpha}{4\pi^2} \int_{|r| < \Lambda} \frac{dr}{|p-r| \tilde{E}(r)} \left(d\mathbf{g}_1(r) - \mathbf{g}_1(r) \frac{g_0(r) dg_0(r) + g_1(r) dg_1(r)}{\tilde{E}(r)^2} \right)$$

is in $C^0(B(0, \Lambda), L(\mathbf{R}^3, \mathbf{C}^4))$ and

$$|d\mathbf{g}_1(p) - d\mathbf{g}_1(q)| \leq KL |p-q|.$$

In particular the same holds for $g_1(t) = \langle \mathbf{g}_1(t\omega), \omega \rangle$ and KLt .

In fact it suffices to split $B(0, \Lambda)$ in two domains:

We write $F_p = \mathbf{R}^3 \cap \{r : |p-r| \leq |q-r|\}$, $F_q = \mathbf{R}^3 \cap \{r : |q-r| \leq |p-r|\}$.

In $F_p \cap B(0, \Lambda)$ we take spherical coordinates centered in p , in $F_q \cap B(0, \Lambda)$ centered in q . There holds

$$||p-r|^{-1} - |q-r|^{-1}| \leq \begin{cases} \frac{|p-q|}{|p-r|^2} & \text{for } r \in F_p, \\ \frac{|p-q|}{|q-r|^2} & \text{for } r \in F_q. \end{cases}$$

Proposition 5. enables us to prove

Lemma A.3. Let $p, q \in B(0, \Lambda)$ and $k = p - q$. There holds

$$\frac{\tilde{E}(p)\tilde{E}(q) - \langle \mathbf{g}(p), \mathbf{g}(q) \rangle}{\tilde{E}(p)\tilde{E}(q)(\tilde{E}(p) + \tilde{E}(q))} \leq \min(2, \frac{2K|k|^2}{E(p)}, \frac{2K|k|^2}{E(q)}).$$

where we can choose $K \leq 2$ for $\alpha \log(\Lambda)$ sufficiently small.

In fact we can write for $a, b, t = b - a \in \mathbf{R}^3$: $|a||b| - \langle a, b \rangle = \frac{a^2 t^2 - (t, a)^2}{|a||b| + \langle a, b \rangle}$. If $\langle a, b \rangle > -\frac{|a||b|}{2}$ then $A = \frac{|a||b| - \langle a, b \rangle}{|a||b|} \leq \frac{2a^2 t^2}{a^2 b^2}$, by symmetry there is also $A \leq \frac{2b^2 t^2}{a^2 b^2}$. Else $\langle a, b \rangle \leq -\frac{|a||b|}{2}$, then $\frac{1}{|a||b|(|a||b| + \langle a, b \rangle)} \geq 2(a^2 b^2)^{-1}$ and

$$\begin{aligned} 2\frac{t^2}{b^2} &\geq 2\frac{a^2 + b^2 + |a||b|}{b^2} \geq 2 \\ 2\frac{t^2}{a^2} &\geq 2\frac{a^2 + b^2 + |a||b|}{a^2} \geq 2. \end{aligned}$$

Remark A.4. This last estimate assures us that we can apply the fixed point method with \mathcal{D}^0 instead of with D^0 . Indeed all the estimates of [5] remains the same *modulo* multiplicative constants: here because of A.3 we must add 2; C_1 also appear.

A.2 The function B_Λ

We recall that

$$B_\Lambda(k) = \frac{1}{\pi^2 |k|^2} \int_{|p=l-\frac{k}{2}|, |q=l+\frac{k}{2}| < \Lambda} \frac{\tilde{E}(p)\tilde{E}(q) - \langle \mathbf{g}(p), \mathbf{g}(q) \rangle}{\tilde{E}(p)\tilde{E}(q)(\tilde{E}(p) + \tilde{E}(q))} dl \geq 0.$$

This formula holds only for $k \neq 0$: our first purpose is to extend it continuously to 0. Thanks to A.3. we can say that $B_\Lambda(k) \leq K \log(\Lambda)$.

Notation A.5. Throughout this part, $p = l + \frac{k}{2}, q = l - \frac{k}{2}$.

Let us write $I = \pi^2 |k|^2 B_\Lambda(k)$, its integrand $f(l)$ and $x = |k|$. Let $0 < \varepsilon < \frac{2}{3}$ and $s = \frac{1}{3} + \varepsilon$. We look at $x < 1$ and split the domain in three:

$$B = \{l : |l| \leq x^s\}, A = \{l : x^s < |l| < \Lambda - \frac{x}{2}\},$$

$$C = \{l : |l - \frac{k}{2}|, |l + \frac{k}{2}| < \Lambda\} \setminus \{l : |l| < \Lambda - \frac{x}{2}\} \subset \{l : \Lambda - \frac{x}{2} < |l| < \Lambda\} = C'.$$

With A.3. we obtain the following behaviour *independent* of α, Λ in the regime (9)

$$|I_B| \leq Kx^{2+3s} = Kx^{3+3\varepsilon} = o_{x \rightarrow 0}(x^3), \quad |I_C| \leq Kx^2 \log\left(\frac{\Lambda}{\Lambda - \frac{x}{2}}\right) \underset{x \rightarrow 0}{\sim} \frac{Kx^3}{\Lambda}. \quad (59)$$

There remains I_A : we rewrite $f(l)$ as

$$f(l) = \frac{|\mathbf{g}(p) \wedge \mathbf{g}(q)|^2}{\tilde{E}(p)\tilde{E}(q)(\tilde{E}(p) + \tilde{E}(q))(\tilde{E}(p)\tilde{E}(q) + \mathbf{g}(p) \cdot \mathbf{g}(q))} \quad (60)$$

where $|\mathbf{g}(p) \wedge \mathbf{g}(q)|^2 = \sum_i |\Delta_{0i}|^2 + \sum_{i,j} |\Delta_{ij}|^2$,

$$\Delta_{0i} = \begin{vmatrix} g_0(p) & g_0(q) \\ (\mathbf{g}_1(p))_i & (\mathbf{g}_1(q))_i \end{vmatrix} = \begin{vmatrix} \delta g_0 & g_0(q) \\ (\delta \mathbf{g}_1)_i & (\mathbf{g}_1(q))_i \end{vmatrix} \quad (61a)$$

$$\Delta_{ij} = \begin{vmatrix} (\mathbf{g}_1(p))_i & (\mathbf{g}_1(q))_i \\ (\mathbf{g}_1(p))_j & (\mathbf{g}_1(q))_j \end{vmatrix} = \begin{vmatrix} (\delta \mathbf{g}_1)_i & (\mathbf{g}_1(q))_i \\ (\delta \mathbf{g}_1)_j & (\mathbf{g}_1(q))_j \end{vmatrix} \quad (61b)$$

$$\delta g_\star = g_\star(p) - g_\star(q).$$

If we take k along a *fixed* ray: $k = x\omega$ we have

$$\begin{aligned} \frac{1}{x} \delta g_0(k, l) &= \int_{t=0}^1 dg_0(l + (t - 1/2)k) \cdot \omega dt \xrightarrow{x \rightarrow 0} g'_0(|l|)\omega_l \cdot \omega \\ \frac{1}{x} \delta \mathbf{g}_1(k, l) &= \int_{t=0}^1 d\mathbf{g}_1(l + (t - 1/2)k) \cdot \omega dt \xrightarrow{x \rightarrow 0} d\mathbf{g}_1(l) \cdot \omega, \end{aligned}$$

We write $\mathbf{g}_l^\omega = \left(\begin{smallmatrix} g'_0(|l|)\omega_l \cdot \omega \\ d\mathbf{g}_1(l) \cdot \omega \end{smallmatrix} \right)$ and $\tilde{E}_l^\omega = |\mathbf{g}_l^\omega|$.

In fact, as A, g_0, g_1 are radial symmetric so is $I_A(k)$ and for $\omega \in \mathbf{S}^2$ fixed and $p' = l + \frac{x\omega}{2}, q' = l - \frac{x\omega}{2}$ there holds

$$I_A(k = x\omega_k) = \frac{1}{\pi^2 x^2} \int_{x^s < |l| < \Lambda - \frac{x}{2}} \frac{\tilde{E}(p') \tilde{E}(q') - \langle \mathbf{g}(p'), \mathbf{g}(q') \rangle}{\tilde{E}(p') \tilde{E}(q') (\tilde{E}(p') + \tilde{E}(q'))} dl,$$

$f'(l) = \frac{f(l)}{x^2} \chi_{l \in A}$ is also symmetric. By Proposition 5.:

$|f'(l)| \leq K \frac{1}{(1+|l|^2)^{3/2}} \chi_{|l| \leq \Lambda - x/2}$ and by dominated convergence we have

Proposition 7.

$$B_\Lambda(k) \xrightarrow{k \rightarrow 0} \frac{1}{\pi^2} \int_{|l| \leq \Lambda} \frac{|\mathbf{g}_l^\omega \wedge \mathbf{g}_l|^2}{4\tilde{E}(l)^5} dl =: B_\Lambda(0). \quad (62)$$

As there holds by symmetry

$$\int_{\mathbf{n} \in \mathbf{S}^2} \langle \mathbf{n}, \omega \rangle^2 d\mathbf{n} = \frac{4}{3}\pi, \quad \int_{\mathbf{n} \in \mathbf{S}^2} |d\mathbf{g}_1(|l|\mathbf{n}) \cdot \omega|^2 d\mathbf{n} = \frac{4}{3}\pi \left((g'_1)^2(l) + 2\frac{g_1(l)^2}{|l|^2} \right) \quad (63)$$

we have

$$B_\Lambda(0) = \frac{1}{3\pi} \left(\int_{u=0}^{\Lambda} u^2 \frac{((g'_0)^2(u) + (g'_1)^2(u) + 2\frac{g_1(u)^2}{|u|^2})(g_0^2(u) + g_1^2(u))}{(g_0(u)^2 + g_1(u)^2)^{5/2}} du - \int_{u=0}^{\Lambda} u^2 \frac{(g_0 g'_0(u) + g_1 g'_1(u))^2}{(g_0(u)^2 + g_1(u)^2)^{5/2}} du \right),$$

and

$$B_\Lambda(0) = \frac{1}{3\pi} \left(\int_{u=0}^{\Lambda} u^2 \frac{(g'_0)^2(u) + (g'_1)^2(u) + 2\frac{g_1(u)^2}{|u|^2}}{(g_0(u)^2 + g_1(u)^2)^{3/2}} du - \int_{u=0}^{\Lambda} u^2 \frac{(g_0 g'_0(u) + g_1 g'_1(u))^2}{(g_0(u)^2 + g_1(u)^2)^{5/2}} du \right).$$

Finally thanks to Proposition 5. and remark A.2:

Proposition 8.

$$B_\Lambda(0) = \frac{2}{3\pi} \log(\Lambda) + O(L \log(\Lambda) + 1).$$

Let us look at the variations $|k|^{-1} |B_\Lambda(k) - B_\Lambda(0)|$. Let f_0 be the integrand in Proposition 7.: we have $|\int_B f_0| \leq K x^{3s} = O(x^{1+3\varepsilon})$ and

$|\int_C f_0| \leq K \log(\frac{\Lambda}{\Lambda-x/2}) = O(\frac{x}{\Lambda})$. There remains the integration over A .

For $|l| \geq x^s$: $\frac{x}{|l|} = O(x^{2/3-\varepsilon})$ so we can expand the integrand of $I_A(x)$ at order 1. Indeed:

$$\tilde{E}(p)^{-1} = \tilde{E}(l)^{-1} \left\{ 1 + \frac{\tilde{E}(p) - \tilde{E}(l)}{\tilde{E}(l)} \right\}^{-1} = \tilde{E}(l)^{-1} \left\{ 1 + \frac{\tilde{E}(l) - \tilde{E}(p)}{\tilde{E}(l)} + O\left(\frac{x^2}{\tilde{E}(l)^2}\right) \right\} \text{ etc.}$$

where as $\tilde{E}(l) \geq 1$ the $O(\cdot)$ is independent of l .

Writing $h(l, k) = \tilde{E}(p) \tilde{E}(q) - \mathbf{g}(p) \cdot \mathbf{g}(q)$ there holds

$$I_A(x) = \frac{1}{x^2} \int_A \frac{h(l, k)}{2\tilde{E}(l)^3} dl + \frac{1}{x^2} \int_A \frac{h(l, k)}{2\tilde{E}(l)^3} \left(\frac{2\tilde{E}(l) - \tilde{E}(p) - \tilde{E}(q)}{\tilde{E}(l)} + \frac{2\tilde{E}(l) - \tilde{E}(p) - \tilde{E}(q)}{2\tilde{E}(l)} + O\left(\frac{x^2}{\tilde{E}(l)^2}\right) \right).$$

By Taylor formula (at order 2):

$$|2\tilde{E}(l) - (\tilde{E}(p) + \tilde{E}(q))| \leq \int_t^l \int_u^l dt du K x^{1+2/3-\varepsilon} = K x^{1+2/3-\varepsilon}.$$

Thanks to Proposition 6. we have by Taylor formula at order 1:

$$\left| \frac{\delta \mathbf{g}}{x} - \mathbf{g}_i^\omega \right| \lesssim Lx,$$

so *in fine*

Proposition 9. There exists $0 < r_\varepsilon \in \mathbf{R}^+$, *independent* of α, Λ in the regime (9) such that for $|k| < r_\varepsilon$:

$$|k|^{-1} |B_\Lambda(k) - B_\Lambda(0)| \leq K(\Lambda^{-1} + L^2|k| + |k|^{3\varepsilon} + |k|^{2/3-\varepsilon}).$$

Choosing $\varepsilon := 6^{-1}$ there holds:

$$|k|^{-1} |B_\Lambda(k) - B_\Lambda(0)| \leq K(\Lambda^{-1} + |k|^{1/2}).$$

B Estimates in the fixed point method

Remark B.1. We note $^*||Q||_{\mathcal{Q}}^2 = \iint \tilde{E}(p+q) |\hat{Q}(p,q)|^2 dp dq$ and by the proofs of Lemmas 8.[5] and 11.[5] there hold

$$||\rho_{1,0}(Q)||_c \leq K\sqrt{\log(\Lambda)} ^*||Q||_{\mathcal{Q}} \text{ and } ^*||Q_{0,1}||_{\mathcal{Q}} \leq K\sqrt{\log(\Lambda)} ||\rho||_c. \quad (64)$$

B.1 Preliminary estimates.

Let us form the test function of Lemma 2.3. or construct the minimizer as a fixed point: let us decompose $\Gamma = \gamma + |\psi\rangle\langle\psi|$ where we know $||\psi||_{H^{3/2}} = O(1)$ and $\langle |\nabla|^2 \psi, \psi \rangle \lesssim (\alpha\alpha_r(0))^2$.

Notation B.2. We write as before $N = |\psi\rangle\langle\psi|$ and $n = |\psi|^2$. We also write the Choquard-Pekar minimizer ψ_{CP} . We take the notation of Section 4.1 for the iterations of the fixed point method.

- As $||(N, n)||_{\mathcal{X}} = O(1)$, for L, α sufficiently small, $||(\gamma_k, \overline{\rho_k})||_{\mathcal{X}} = O(1)$ due to the fact that $||(\gamma_1, \overline{\rho_1})||_{\mathcal{X}} \lesssim (L + \alpha^2) ||(N, n)||_{\mathcal{X}}$ and the function F is a contraction of constant $\nu = O(\sqrt{L\alpha})$.
- By (22a) $||R(N)||_{\mathfrak{S}_2} \lesssim ||\nabla\psi||_{L^2} \lesssim L\alpha$. Then by 11.[5]:

$$||Q_{1,0}(N)||_E \lesssim ||R(N)||_{\mathfrak{S}_2} \lesssim L\alpha.$$

- Moreover $|\widehat{Q_{0,1}(N)}(p, q)|^2 = \frac{(4\pi)^2}{2^5\pi^3} \frac{|\hat{n}(p-q)|^2}{|p-q|^4} |M(p, q)|^2$ in the notation of [5] so $^*||Q_{0,1}(N)||_{\mathcal{Q}} \lesssim \sqrt{\log(\Lambda)} ||n||_c$. We recall: $||Q_{0,1}(\rho)||_{\mathcal{Q}} \lesssim \sqrt{\log(\Lambda)} ||\rho||_c$.
- Now $\rho_{1,0}$: there holds

$$\begin{aligned} \int_k \frac{f(k)^2}{|k|^2} |\widehat{\rho_{1,0}}(k)|^2 dk &\lesssim \int_k f(k)^2 dk \left(\iint_{|l| < \Lambda, r} \frac{|\widehat{\psi}(l-k/2)| |\widehat{\psi}(l+k/2)|}{r^2 E(l+r)^2} dl dr \right)^2 \\ &\lesssim K \int_k f(k)^2 dk \left(\int_{|l| < \Lambda} |\widehat{\psi}(l-k/2)| |\widehat{\psi}(l+k/2)| dl \right)^2, \end{aligned}$$

and by Young inequality

$$||\rho_{1,0}(N_\lambda)||_{\mathfrak{C}} \lesssim \lambda^{-3/2} ||\psi_{\text{CP}}||_{W^{1,4/3}} \quad (65a)$$

$$||\rho_{1,0}(N)||_c \lesssim \lambda^{-3/2} ||\widehat{\psi}||_{L^{4/3}}^2 \lesssim \lambda^{-3/2} ||\psi||_{H^1}^2 \quad (65b)$$

Remark B.3. In fact, if we know that $\psi_A := A^{3/2}\psi(Ax) = O(1)$ in H^1 then

$$\|\rho_{1,0}(N)\|_c \lesssim A^{-3/2} \|\psi_A\|_{L^4}^2 \lesssim A^{-3/2} \|\psi_A\|_{H^1}$$

and

$$\|n\|_{L^2} = A^{-3/2} \|\psi_A\|_{L^4}^2 \lesssim A^{-3/2} \|\psi_A\|_{H^1}.$$

By remark B.1. we have

$$\begin{aligned} \|\rho_{1,0}(\gamma_1)\|_c &\lesssim \alpha \|\rho_{1,0}(Q_1(N, n))\|_c + \sum_{k \geq 2} \alpha^k \|\rho_{1,0}(Q_k(N, n))\|_c \\ &\lesssim (\alpha(L\alpha)^{3/2} + L\sqrt{L\alpha}) + \sqrt{\log(\Lambda)} \sum_{k \geq 2} \alpha^k \|Q_k\|_{\mathcal{Q}} \lesssim (\alpha(L\alpha) + L\sqrt{L\alpha} + \alpha\sqrt{L\alpha}). \end{aligned}$$

Writing $\delta\gamma = (\gamma_2 - \gamma_1)$ we also have $\|\rho_{1,0}(\delta\gamma)\|_c \lesssim \sqrt{\log(\Lambda)}^* \|\delta\gamma\|_{\mathcal{Q}}$. We note $x = \langle |\nabla|^2 \psi, \psi \rangle^{1/4}$.

$\delta\gamma = \sum_{k \geq 1} \alpha^k (Q'_k(\gamma_1, \bar{p}_1) - Q_k(N, n)) = \alpha Q_1(\gamma_1, \bar{p}_1) + \sum_{k \geq 2} \alpha^k (Q'_k(\gamma_1, \bar{p}_1) - Q'_k(N, n))$ and thanks to (23a) for $Q_{1,0}$, Lemmas 11, 13, 15 of [5] for $Q_{0,1}, Q_k$ we get

$$\alpha \|\rho_{1,0}(\delta\gamma)\|_c \lesssim (\alpha^2 \sqrt{L\alpha} x^2 + L^2 \alpha x + L\alpha^2). \quad (66)$$

Indeed

$$\begin{aligned} * \|Q_{1,0}(\gamma_1)\|_{\mathcal{Q}} &\lesssim * \|\gamma_1\|_{\mathcal{Q}} \\ &\lesssim \sqrt{L\alpha} x + \alpha x^2 + \alpha^2 \\ * \|Q_{0,1}(\bar{p}_1)\|_{\mathcal{Q}} &\lesssim \sqrt{\log(\Lambda)} \|\bar{p}_1\|_c \\ &\lesssim L\sqrt{\log(\Lambda)} x + \sqrt{L\alpha}. \end{aligned}$$

B.2 Estimates of $\|\gamma\|_{\mathcal{Q}}, \|\gamma\|_E, \|\gamma\|_F, \|\rho_\gamma\|_{\mathcal{E}}, \|\rho_\gamma\|_C$.

We write: $\gamma = \sum_{k \geq 1} (\gamma_{k+1} - \gamma_k) + \gamma_1$ and $\gamma_1 = \sum_{k \geq 1} \alpha^k Q'_k$, taking the norm we obtain

$$\|\gamma\| \leq \sum_{k \geq 1} \nu^k \|F(N, n) - (N, n)\|_{\mathcal{X}} + \|\gamma_1\| = \nu \|(\gamma_1, \bar{p}_1)\|_{\mathcal{X}} + \|\gamma_1\|. \quad (67)$$

Underlining the terms with the biggest estimates:

$$\|\bar{p}_1\|_{\mathcal{E}} \lesssim \|\check{W} \star n\|_{\mathcal{E}} + \alpha \|\rho_{1,0}(N)\|_{\mathcal{E}} + \sum_{k=2}^{\infty} \alpha^k \|(N, n)\|_{\mathcal{X}}^k \lesssim \sqrt{L\alpha} + Lx, \text{ and finally}$$

Depending on taking $\|\cdot\|_E$ or $\|\cdot\|_{\mathcal{Q}}$ we have

$$\begin{aligned} \|\gamma_1\|_{\mathcal{Q}} &\lesssim \alpha (\|Q_{0,1}(n)\|_{\mathcal{Q}} + \|Q_{1,0}(N)\|_{\mathcal{Q}}) + \sum_{k=2}^{\infty} \alpha^k \|(N, n)\|_{\mathcal{X}}^k \lesssim \sqrt{L\alpha} \|n\|_{\mathcal{E}} + \alpha, \\ \|\gamma_1\|_E &\lesssim \alpha (\|Q_{0,1}(n)\|_{\mathcal{Q}} + \|Q_{1,0}(N)\|_E) + \sum_{k=2}^{\infty} \alpha^k \|(N, n)\|_{\mathcal{X}}^k \lesssim \sqrt{L\alpha} \|n\|_{\mathcal{E}} + L\alpha. \end{aligned}$$

$$\|\gamma\|_{\mathcal{Q}} \lesssim \alpha, \quad \|\gamma\|_E \lesssim L\alpha. \quad (68)$$

Emphasizing the dependance of $x = \|\nabla \psi\|_{L^2}^{1/2}$ (for the proof of Lemma 2.5)

$$\begin{aligned} \|\gamma\|_F &\lesssim \sum_{k \geq 2} \|\gamma_{k+1} - \gamma_k\|_{\mathcal{Q}} + \|\gamma_2 - \gamma_1\|_F + \|\gamma_1\|_F \lesssim L\alpha + \|\gamma_2 - \gamma_1\|_F + \|\gamma_1\|_F \\ \|\gamma_1\|_F &\lesssim \alpha (\|Q_{1,0}(N)\|_F + \|Q_{0,1}(n)\|_F) + \alpha^2 \lesssim \alpha x^2 + (\sqrt{L\alpha} x) + \alpha^2 \\ \|\gamma_2 - \gamma_1\|_F &\lesssim \alpha (\|Q_{1,0}(\gamma_1)\|_F + \|Q_{0,1}(\bar{p}_1)\|_F) + \alpha^2 \lesssim \alpha \|\gamma_1\|_{\mathcal{Q}} + \sqrt{L\alpha} \|\bar{p}_1\|_c + \alpha^2 \\ &\lesssim \alpha (* \|\gamma_1\|_{\mathcal{Q}}) + \sqrt{L\alpha} (Lx + \sqrt{L\alpha}) + \alpha^2 \lesssim \alpha (\sqrt{L\alpha} x + \alpha) + L\sqrt{L\alpha} x + L\alpha \\ &\lesssim L\sqrt{L\alpha} x + L\alpha. \end{aligned}$$

So

$$\|\gamma\|_F \lesssim \alpha x^2 + \sqrt{L\alpha}x + L\alpha. \quad (69)$$

Analogously

$$\begin{aligned} \|\rho_\gamma\|_c &\lesssim \|\check{\alpha}_r \star n\|_c + \alpha(\|\rho_{1,0}(\delta\gamma)\|_c + \|\rho_{1,0}(\gamma_1)\|_c + \|\rho_{1,0}(N)\|_c + \sum_{k \geq 2} \|\rho_{1,0}(\gamma_{k+1} - \gamma_k)\|_c) + \alpha^2 \\ &\lesssim Lx + \alpha(L^2x + \alpha\sqrt{L\alpha}x^2 + L\alpha) + (Lx + \sqrt{L\alpha}x^2 + \alpha\sqrt{L\alpha}) + \|\rho_{1,0}(N)\|_c + (L\alpha)^{3/2} \end{aligned}$$

$$\|\rho_\gamma\|_c \lesssim \alpha\|\rho_{1,0}(N)\|_c + (L\alpha)^{3/2} + Lx + \alpha\sqrt{L\alpha}x^2 \quad (70a)$$

where $(L\alpha)^{3/2}$ comes from $\alpha\|\rho_{1,0}(\sum)\|_c \leq K\sqrt{L\alpha}\|\sum\|_{\mathcal{Q}}$, the other terms are negligible and $x = \langle |\nabla|^2 \psi, \psi \rangle^{1/4}$.

With the test function we get: $\|\rho_\gamma\|_{\mathcal{E}}, \|\rho_\gamma\|_c \lesssim Lx\|\psi_{\text{CP}}\|^2_{\mathcal{E}}$, it is easier for there is a simple estimate of $\rho_{1,0}(N)$.

B.3 Estimates of $\|\gamma S\psi_\lambda\|_{L^2}$, $S = \text{id}$, $|\mathcal{D}^0|$.

We write

$\|\gamma S\psi_\lambda\|_{L^2} \leq \|\gamma\|_{\mathcal{B}}\|S\psi_\lambda\|_{L^2}$. Looking at the expression of $Q_k(\gamma'\rho'_\gamma)$ (cf [5]) it is straightforward that

$$\begin{aligned} \|Q_{1,0}(\gamma')\|_{\mathfrak{S}_2} &\lesssim \|R(N)\|_{\mathfrak{S}_2} + \|\frac{\hat{R}(p,q)}{E(p)+E(q)}\|_{L^2} \\ &\lesssim \|R(N)\|_{\mathfrak{S}_2} + \|\gamma\|_{\mathcal{Q}} \lesssim L\alpha, \\ \|Q_{0,1}(\rho'_\gamma)\|_{\mathfrak{S}_2} &\lesssim \|\rho'_\gamma\|_c \lesssim \sqrt{L\alpha}. \end{aligned}$$

So

$$\|\gamma\|_{\mathcal{B}} \leq \|\gamma\|_{\mathfrak{S}_2} \lesssim \alpha(\|Q_{1,0}(\gamma')\|_{\mathfrak{S}_2} + \|Q_{0,1}(\rho'_\gamma)\|_{\mathfrak{S}_2}) + \alpha^2 \lesssim \alpha\sqrt{L\alpha}. \quad (71)$$

Thus

$$\|\gamma|\mathcal{D}^0|\psi_\lambda\|_{L^2} \leq K\alpha\sqrt{L\alpha} = o(L\alpha). \quad (72)$$

C The operator $|\mathcal{D}^0 + \alpha B| - |\mathcal{D}^0|$

C.1 $\text{Tr}(|\mathcal{D}^0 + \alpha B|^2)$.

We use the following formula: for $x > 0$

$$\sqrt{x} = \frac{1}{\pi} \int_0^{+\infty} \frac{x}{x+u} \frac{du}{\sqrt{u}} \quad (73)$$

by applying it to $|\mathcal{D}^0|^2$ and $|\mathcal{D}^0 + \alpha B|^2$. Indeed we can write $|\mathcal{D}^0 + \alpha B|^2 = |\mathcal{D}^0|(1 + \alpha T)|\mathcal{D}^0|$ where $T = G + \alpha W = O(1)$ in $\mathcal{B}(\mathfrak{H}_\Lambda)$ thanks to 3.3.

Similarly we write

$$|\mathcal{D}^0 + \alpha B|^2 + u = \sqrt{|\mathcal{D}^0|^2 + u}(1 + \alpha(G_u + \alpha W_u))\sqrt{|\mathcal{D}^0|^2 + u}, T_u = G_u + \alpha W_u.$$

$$\begin{aligned} |\mathcal{D}^0 + \alpha B| &= \frac{1}{\pi} \int_u |\mathcal{D}^0|(1 + \alpha G + \alpha^2 W) \frac{|\mathcal{D}^0|}{\sqrt{|\mathcal{D}^0|^2 + u}} \frac{1}{1 + \alpha G_u + \alpha^2 W_u} \frac{1}{\sqrt{|\mathcal{D}^0|^2 + u}} \frac{du}{\sqrt{u}} \\ &= |\mathcal{D}^0| + \frac{\alpha}{\pi} \int_u \left(|\mathcal{D}^0| G \frac{|\mathcal{D}^0|}{\sqrt{|\mathcal{D}^0|^2 + u}} \frac{1}{\sqrt{|\mathcal{D}^0|^2 + u}} - |\mathcal{D}^0| \frac{|\mathcal{D}^0|}{\sqrt{|\mathcal{D}^0|^2 + u}} G_u \frac{1}{\sqrt{|\mathcal{D}^0|^2 + u}} \right) \frac{du}{\sqrt{u}} \\ &\quad + \int_u (\dots) \end{aligned}$$

where the last integral is a bounded operator, $O(\alpha^2)$ as power series in α :

$$\begin{aligned} \int_u(\dots) &= \frac{\alpha^2}{\pi} \int_u \left(|\mathcal{D}^0| W |\mathcal{D}^0| \frac{1}{|\mathcal{D}^0 + \alpha B|^2} - |\mathcal{D}^0 + \alpha B|^2 \frac{1}{\sqrt{|\mathcal{D}^0|^2 + u}} W_u \frac{1}{\sqrt{|\mathcal{D}^0|^2 + u}} \right) \frac{du}{\sqrt{u}} \\ &\quad + \frac{\alpha^2}{\pi} \int_u |\mathcal{D}^0| (1 + \alpha T) \frac{|\mathcal{D}^0|}{\sqrt{|\mathcal{D}^0|^2 + u}} \frac{T_u^2}{1 + \alpha T_u} \frac{1}{\sqrt{|\mathcal{D}^0|^2 + u}} \frac{du}{\sqrt{u}}. \end{aligned}$$

Notation C.1. To simplify we will write

$$\begin{aligned} d &= \mathcal{D}^0, & q &= \mathcal{D}^0 + \alpha B, & q^2 &= d^2 + \alpha y, & d_u &= \sqrt{|\mathcal{D}^0|^2 + u} \\ g &= G, G_u, & w &= W, W_u, & m &= g, v & b &= B. \end{aligned}$$

Let $q_1, q_2 \in \mathcal{Q}$:

$$\left| \text{Tr} \left(|d| g \frac{|d|}{d_u^2} q_1 q_2 \right) \right| = \left| \text{Tr} \left(g \frac{|d|}{d_u^2} q_1 q_2 |d| \right) \right| \leq \|g|d|^{1/4}\|_{\mathcal{B}} \left\| \frac{|d|^{3/4}}{d_u^2} \right\|_{\mathcal{B}} \|q_1|d|^{1/2}\|_{\mathfrak{S}_2} \| |d|^{-1/2} q_2 |d| \|_{\mathfrak{S}_2}, \quad (74)$$

as $\tilde{E}(q)^2 \tilde{E}(p)^{-1} \leq 2C_1^2 \tilde{E}(p - q) \tilde{E}(p + q)$, $\| |d|^{-1/2} q_2 |d| \|_{\mathfrak{S}_2} \leq K \|q_2\|_E$ and $\|q_1|d|^{1/2}\|_{\mathfrak{S}_2} \leq \|q_1\|_E$ is immediate.

Then $G = b|d|^{-1} + |d|^{-1}b$ and $T = |d|^{-1}b^2|d|^{-1}$ such that

$$\begin{aligned} g|d|^{1/4} &= b|d|^{-3/4} + |d|^{-1}[b, |d|^{1/4}] + |d|^{-3/4}b \\ T|d|^{1/4} &= |d|^{-1}b|d|^{-3/4} \end{aligned}$$

We treat the commutator in C.2, for the others Lemma 3.3 gives

$$\|b|d|^{-3/4}\|_{\mathcal{B}} \leq K(\|\rho'_\gamma\|_c + \|\gamma'\|_{\mathcal{Q}}).$$

For a bounded borelian function f , $\|f(\mathcal{D}^0)\|_{\mathcal{B}} = \sup_{x \in \sigma(d)} |f(x)|$; the function $x > 0 \rightarrow \frac{x^s}{x^2+u}$, $s \leq 1$ reaches its maximum at the point $x_0 = \sqrt{\frac{su}{2-s}}$ where $f(x_0) = \frac{u^{s/2}}{u(1+\frac{s}{2-s})} \frac{s}{2-s} \leq u^{s/2-1}$. For $x_0 < 1$ the norm is $f(1)$ and for $x_0 > \tilde{E}(\Lambda)$ it is $f(\tilde{E}(\Lambda))$ such that

$$\int \left\| \frac{|d|^s}{d_u^2} \right\|_{\mathcal{B}} \frac{du}{\sqrt{u}} \leq \begin{cases} K_s & s < 1 \\ K \log(\Lambda) & s = 1 \end{cases}$$

Similarly the trace $\text{Tr}\{|d|T|d|d_u^{-1}v d_u^{-1}q_1 q_2\}$ is equal to the trace of

$$T \frac{|d|^{3/4}}{d_u} (|d|^{1/4} v) d_u^{-1} (q_1 |d|^{1/2}) (|d|^{-1/2} q_2 |d|)$$

and $\text{Tr}\{|d|m \frac{|d|}{d_u} m \frac{1}{d_u} q_1 q_2\}$ to the trace of:

$$|d|^{-\frac{1}{2}} m |d|^{\frac{3}{4}} \frac{|d|^{\frac{1}{4}}}{d_u} m \frac{|d|^{\frac{1}{2}}}{d_u} (|d|^{-\frac{1}{2}} q_1 |d|) (|d|^{-1} q_2 |d|^{\frac{1}{2}}) \quad (75a)$$

$$\text{and} \begin{cases} |d|^{-\frac{1}{2}} G |d|^{\frac{3}{4}} = |d|^{-\frac{1}{2}} b |d|^{-\frac{1}{4}} + |d|^{-\frac{3}{2}} [b, |d|^{\frac{1}{2}}] + |d|^{-1} b \\ |d|^{-\frac{1}{2}} T |d|^{\frac{3}{4}} = |d|^{-\frac{3}{2}} b |d|^{\frac{1}{2}} |d|^{-\frac{1}{2}} b |d|^{-\frac{1}{4}} \end{cases}$$

Thanks to Lemma 3.3.,

$|d|^{-\frac{1}{2}} b |d|^{-\frac{1}{2}} \in \mathcal{B}(\mathfrak{H}_\Lambda)$ and there holds

Lemma C.2. $\left\| |d|^{-\frac{3}{2}} [b, |d|^{\frac{1}{2}}] \right\|_{\mathcal{B}}, \left\| |d|^{-1} [b, |d|^{\frac{1}{4}}] \right\|_{\mathcal{B}} \lesssim (\|\gamma'\|_{\mathcal{Q}} + \|\rho'\|_c).$

The estimation with $R(\gamma')$ comes from (23b): indeed we have

$$|\widetilde{E}(p)^s - \widetilde{E}(q)^s| \leq K \frac{|p - q|}{\widetilde{E}(p)^{1-s} + \widetilde{E}(q)^{1-s}}, \quad s = \frac{1}{2}, \frac{1}{4} \text{ etc.}$$

Then with $f \in \mathfrak{H}_\Lambda$ there holds with $\Phi = |d|^{-\frac{3}{2}} [\varphi'_a, |d|^{\frac{1}{2}}]$

$$\int_p |\widehat{\Phi} f(p)|^2 dp \leq K \iint \frac{dp dq}{\widetilde{E}(p)^3} \frac{|\widetilde{E}(p) - \widetilde{E}(q)|^2}{|p - q|^4} \frac{|\widehat{\rho}'_\gamma(p - q)|^2}{\widetilde{E}(p) + \widetilde{E}(q)} \int |\widehat{f}(q)|^2 dq,$$

and we do the same for the last term.

Let us now deal with $\text{Tr}(|\mathcal{D}^0 + \alpha B| \gamma^2)$. Using (73) we have the trace of an integral. We can change the order of summation for the integrand (which is the operator $\frac{q^2}{q^2+u} \frac{\gamma^2}{\sqrt{u}}$) is non-negative. Doing so, we then expand the operator $\frac{q^2}{q^2+u}$ into the six operators we have written previously. Estimating the absolute value of the traces we obtain:

$$\text{Tr}(|\mathcal{D}^0 + \alpha B| \gamma^2) = \text{Tr}(|\mathcal{D}^0| \gamma^2) + O(\alpha(\|\gamma'\|_{\mathcal{Q}} + \|\rho'_\gamma\|_c) \|\gamma\|_E^2) = \text{Tr}(|\mathcal{D}^0| \gamma^2) + O(\alpha(L\alpha)^2) \quad (76)$$

where $(\|\gamma'\|_{\mathcal{Q}} + \|\rho'_\gamma\|_c)$ comes from the estimates of the bounded operator $\|g|d|^{1/4}\|_{\mathcal{B}}$ etc.

The integration over u gives a constant K while $\|\gamma\|_E \lesssim L\alpha$.

C.2 $\langle |\mathcal{D}^0 + \alpha B| \phi, \phi \rangle, \phi \in H^{1/2}$.

We want to prove

Lemma C.3. There exists $C_2 > 0$ such that

$$\langle |\mathcal{D}^0 + \alpha B| \phi, \phi \rangle \geq (1 - C_2 \alpha) \langle |\mathcal{D}^0| \phi, \phi \rangle. \quad (77)$$

Indeed we go back to (73):

$$\begin{aligned} q(q^2 + u)^{-1} q - d(d^2 + u)^{-1} d &= q(d^2 + u)^{-1} q - d(d^2 + u)^{-1} d + q((q^2 + u)^{-1} - (d^2 + u)^{-1}) q \\ &= \alpha b \frac{d}{d^2 + u} + \alpha \frac{d}{d^2 + u} b + \alpha^2 b(d^2 + u)^{-1} b - \alpha q(q^2 + u)^{-1} y(d^2 + u)^{-1} q \\ &= \alpha(x_1 + x_2 + \alpha x_3 - x_4). \end{aligned}$$

And then we do the same as before. For instance let us treat x_4 :

writing $s = |d|^{1/2}$, $r_u = (d^2 + u)^{1/2}$ and ϕ^+, ϕ^- according to $\chi_{(0,\infty)}(\mathcal{D}^0 + \alpha B)$, there holds:

$$\begin{aligned} \langle x_4 \phi^+, \phi^+ \rangle &= \langle s^{-1} |q| s^{-1} \frac{s r_u^{-1}}{r_u} (q^2 + u)^{-1} r_u r_u^{-1} y r_u^{-3/4} \frac{r_u^{-5/4}}{s} s^{-1} |q| s^{-1} s \phi^+, s \phi^+ \rangle \\ |\langle x_4 \phi^+, \phi^+ \rangle| &\lesssim \|s r_u^{-1}\|_{\mathcal{B}} \|r_u^{-5/4} s\|_{\mathcal{B}} \|r_u^{-1} y r_u^{-3/4}\|_{\mathcal{B}} \langle |d| \phi^+, \phi^+ \rangle. \end{aligned}$$

Then $|d|^{-1} y |d|^{-3/4} = b |d|^{-3/4} + |d|^{-1} b |d|^{1/4} + \alpha |d|^{-1} b b |d|^{-3/4}$ and we finish as before.

We do the same for (ϕ^-, ϕ^+) etc.

Then integrating over u we get

$$\left| \langle |\mathcal{D}^0 + \alpha B| \phi, \phi \rangle - \langle |\mathcal{D}^0| \phi, \phi \rangle \right| \leq K \alpha (\sqrt{\text{Tr}(|\mathcal{D}^0|(\gamma')^2)} + \|\rho'_\gamma\|_c) \langle |\mathcal{D}^0| \phi, \phi \rangle, \quad (78)$$

assuming that $\|r_u^{-1} R_{\gamma'} r_u^{1/4}\|_{\mathcal{B}} \lesssim \sqrt{\text{Tr}(|\mathcal{D}^0|(\gamma')^2)}$.

Indeed, we write $r_u^{-1} R_{\gamma'} r_u^{1/4} = r_u^{-3/4} R_{\gamma'} + r_u^{-1} [R_{\gamma'}, r_u^{1/4}]$; then in Fourier space there holds

$$(r_u^{-1} [\widehat{R_{\gamma'}}, r_u^{1/4}]) (p, q) = \text{Cst} \times \frac{1}{\sqrt{\widetilde{E}(p)^2 + u}} ((\widetilde{E}(p)^2 + u)^{1/4} - (\widetilde{E}(q)^2 + u)^{1/4}) \widehat{R}(p, q)$$

and so

$$|(r_u^{-1}[\widehat{R_{\gamma'}}, r_u^{1/4}])(p, q)| \lesssim \frac{|p-q|^{1/4}}{\sqrt{\widetilde{E}(p)^2 + u}} |\widehat{R}(p, q)|.$$

Following the methods of [5], for $1/2 < \theta < 3/2$:

$$\begin{aligned} \iint \frac{|p-q|^{1/2}}{\widetilde{E}(p)^2 + u} |\widehat{R}(p, q)|^2 dp dq &\lesssim \iiint \frac{|k|^{1/2}}{\widetilde{E}(v+k/2)^2 + u} \frac{\widetilde{E}(2l)^{1/2+\theta}}{\widetilde{E}(2l')^{1/2+\theta}} \frac{|\widehat{\gamma}'(l+k, l-k)|^2}{|l-v|^2 |l'-v|^2} dk dl dv dl' \\ &\lesssim \iint |k|^{1/2} \widetilde{E}(2l)^{1/2} |\widehat{\gamma}(l+k, l-k)|^2 \times K_\theta(l, k) dl dk, \end{aligned}$$

where

$$K_\theta(l, k) = \widetilde{E}(2l)^\theta \iint \frac{dv dl'}{|l-v|^2 |l'-v|^2 \widetilde{E}(2l')^{1/2+\theta} (\widetilde{E}(v+k/2)^2 + u)}.$$

First, there holds

$$\int \frac{dl'}{|l'-v|^2 \widetilde{E}(2l')^{1/2+\theta}} \lesssim \frac{1}{|v|^{\theta-1/2}}.$$

At last we have to prove that

$$\int \frac{\widetilde{E}(2l)^\theta dv}{|l-v|^2 |v|^{\theta-1/2} (\widetilde{E}(v+k/2)^2 + u)} \lesssim 1.$$

- If $|l| \geq 1$ we use the inequality $\frac{1}{u + \widetilde{E}(v+k/2)^2} \leq \frac{1}{|v+k/2|^{1/2+1}}$ and if $|l| < 1$ we use the inequality $\frac{1}{u + \widetilde{E}(v+k/2)^2} \leq \frac{1}{|v+k/2|^{3/2-\theta}}$.
- If $|k| \geq 2|l|$ we make the change of variables $v' = \frac{v}{|k|}$ and if $|k| < 2|l|$ we make another one: $v' = \frac{v}{|l|}$.